



**FOR IMMEDIATE RELEASE**

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**FOR MORE INFORMATION:**

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## **Attend the Adult Health & Information Fair Nov. 9 in Highlands Ranch**

Need a good handyman? Looking for a place to get solid legal and financial advice? Find what you are looking for at the Highlands Ranch Adult Health and Information Fair Saturday, Nov. 9 from 9 a.m. to 1 p.m. at the Recreation Center at Eastridge in Highlands Ranch. Adults of all ages are welcome.

The event will assemble more than 80 service providers under one roof, making it easy to gather information on multiple topics in one location. In addition, a variety of screenings will be offered including blood pressure checks, glucose checks, spinal and posture screenings, and Reiki massages. Walgreens will be offering flu shots and free medication review.

This event is presented by the Highlands Ranch Metro District and Highlands Ranch Community Association. Rhythms Home Care is the exclusive event sponsor. The Recreation Center at Eastridge is located at 9568 S. University Blvd., Highlands Ranch. Guests should park at the rear of the building where the event's main entrance can be found.

For more information about the Adult Health and Information Fair, please contact Active Adult Programs & Services Coordinator Jodie McCann at 720-240-4922 or [jmccann@highlandsranch.org](mailto:jmccann@highlandsranch.org).

*Founded in 1981 as the local government in Highlands Ranch, Colorado, the Metro District provides a variety of municipal services to this planned community of 98,000 people. Learn more about the Metro District at [www.highlandsranch.org](http://www.highlandsranch.org).*

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