Highlands Ranch Metro District

SUMMER/FALL 2019

Messenger

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A PUBLICATION PROVIDING INFORMATION ABOUT
Recreation Programs • Youth & Adult Sports • Parks & Open Space Projects • Local Government Updates

Register now for the annual golf tournament.
See Page 14

highlandsranch.org
The Metro District hosts a variety of community events throughout the year. Remember to safely recycle leftover fertilizer and paint at the **Household Chemical Roundup** in August, celebrate the end of summer at the **Summer’s Sunset Concert**, enjoy a spooktacular Halloween at **The Last Stop at the Mansion**, and be sure to visit **Santa** in December. There is something for everyone in Highlands Ranch this year.

### AUGUST

- **10** Household Chemical Roundup at Shea Stadium/Redstone Park
- **23** Summer’s Sunset Concert at Civic Green Park featuring No Visible Flaws

### SEPTEMBER

- **14** Ruler of the Railzz at Redstone Skate Park
- **23** Benefit Golf Tournament at the University of Denver Golf Club at Highlands Ranch

### OCTOBER

- **26** National Prescription Drug Take Back at DCSO Highlands Ranch substation
- **31** The Last Stop at the Highlands Ranch Mansion

### NOVEMBER

- **9** Adult Health & Information Fair at the Recreation Center at Eastridge
- **11** Veterans Day Celebration at the James H. LaRue Library
- **18** Landmark Lecture Series at the Mansion
  - Early Days on the Ranch: A Beeman Family Perspective

### DECEMBER

- **7** Holiday Celebration at the Highlands Ranch Mansion
- **14** Santa Visits at the Metro District Hendrick Office Building
Meet Your Local Government
The Highlands Ranch Metro District is responsible for:

• Water and sanitation services through an agreement with Centennial Water and Sanitation District
• Recreation programs and services
• Developing and caring for parks, trails and natural open space areas
• Building community infrastructure, including major roads, traffic signals, and storm drainage and stormwater management
• Managing and maintaining landscaping, fence and community entries along major roads
• Street lighting through Xcel Energy
• Community events and volunteer activities
• Managing the Highlands Ranch Mansion

Metro District Board of Directors
Jim Worley, Chair
Vicky Starkey, Vice Chair
Allen Dreher, Treasurer
Renee Anderson, Director
Mark Dickerson, Director
Carolyn Schierholz, Director
Nancy Smith, Director

Parks and recreation priority for communities nationwide

Parks and recreation was consistently the top priority for mayors at the national League of Cities conference earlier this year. According to a May 2019 CityLab article, parks and recreation took top billing as the first priority for city leaders in each of the regions across the nation.

Here in Highlands Ranch, we recognize the value of the Highlands Ranch outdoor system of parks, trails, open space and recreation programs. We see the benefits of a robust outdoor recreation system in healthier lifestyles, a variety of ways for people of all ages and abilities to stay active, and in the value these outdoor amenities bring to our community in reducing stress.

Last month, we dedicated the 26th park in our system – Central Park. I hope you’ll take some time to visit this unique park, located next to the UCHealth hospital, on Park Central Drive. Each of our parks has a unique personality, special amenities, and are great for summer exploration. Visit the Parks & Open Space tab at highlandsranch.org to see the list of outdoor amenities you and your family can plan to visit this summer.

If you have questions about Metro District programs or services, please contact info@highlandsranch.org. Learn more by following us on Facebook at facebook.com/HighlandsRanchMetroDistrict, or on Twitter at twitter.com/highlands_ranch.

Jim Worley
Chair, Highlands Ranch Metro District Board of Directors

What does community buildout mean for the Metro District?

As our community approaches buildout, the work of the Metro District has evolved. Our board’s focus has shifted from planning and building new infrastructure to maintaining and saving for repairs of existing assets.

For a number of years, we were building new parks, streets, trails, and other community assets. We have completed the construction, together with Shea Properties, of Central Park, the 26th park in Highlands Ranch.

The Major Repair Fund, established in 2004, has paid for TREX fences along arterial roads throughout the community, for playground replacement, and will pay for the renovation of the Metro District’s Parks, Recreation & Open Space Service Center.

We are fortunate to have healthy finances as this transition occurs, so we can maintain our community to the high standards we have come to expect in Highlands Ranch.

If you have questions about any of the Metro District’s programs, services, projects or events, please contact me at tnolan@highlandsranch.org or 720-240-4910.

Terry Nolan
General Manager, Highlands Ranch Metro District

Front Cover:
A variety of programs are available to active adults. See the insert in the Recreation Guide for details.

Photo by Lauren Appleby
Senior Center planning project update

Work continues towards developing a senior center for older adults in Highlands Ranch. During the first six months of 2019, several preliminary components have been the focus for the Metro District.

To date, Metro District staff has worked with a group of community partners and representatives to identify proposed programming and desired building components of a new center. Based on the efforts of this working group, the board has identified the mission of the center: Establish an inclusive, vibrant, active gathering place providing programs and resources for living well and aging well in Highlands Ranch.

More information is available on the Metro District’s website at highlandsranch.org/seniorcenter.

Currently, staff is in the process of evaluating potential sites throughout the community that could be viable to build a center. The evaluation process is anticipated to be completed by fall 2019.

The four program areas that will guide programs and activities at the center are:

- Socialization opportunities
- Health, wellness, fitness and recreation
- Lifelong learning
- Information, resources and referrals to services

Staff continues to gather information about the kinds of programs and services residents would like to see available at the center. We welcome your comments and would like to hear your thoughts and ideas for the proposed new senior center. Here are some ways for you to be involved:

- Attend Metro District Board meetings. Meeting information is available on our website, highlandsranch.org.
- If you have questions or input, contact Carolyn Peters, recreation & park services manager, cpeters@highlandsranch.org.

Senior Center reports and background information
- Action plan
- Feasibility report
- Proposed programming
- Center concept plan
- Parking study
- Resolution – Intent of the Highlands Ranch Senior Center

Available online at highlandsranch.org/seniorcenter

Growth of senior population in Highlands Ranch

In the Highlands Ranch Metro District, the active adult population grew 45.5% from 2010 to 2017 and is projected to grow by 78.7% from 2010 to 2022. One aspect of the Metro District Active Adult Services Feasibility Study included analysis of our community’s demographic trends. Learn more and read the full study at highlandsranch.org/seniorcenter.

Active Adult Population (age 55+)

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Mansion’s leaded glass receives attention

A 128-year-old Mansion that spans 27,000 square feet requires ongoing repairs and special attention to detail. Recently, the antique leaded glass in the Mansion’s front door received expert care from an artist with family ties to the historic property.

Stained glass painter Marie Foucault-Phipps, who worked on this special project, was married to Lawrence Phipps III, son of Lawrence Phipps, Jr., the owner of the Mansion, from 1937-1976. She was married to Phipps III for the last twenty years of his life until he passed away in 2016.

“The glass on the main door experienced lead fatigue. A support bar had fallen and with no support and frequent slamming of the door, pieces of glass had broken and some were ready to fall. It needed complete re-leading,” explained Foucault-Phipps.

“All the Mansion’s stained glass have very unusual designs. As a glass conservator in private practice I am very happy the Metro District made the decision to repair it. It was a challenge to glaze (re-lead) due to the complexity of the design and the stiffness of the lead.”

Visit the repaired glass in the front door during future trips to the Mansion. Visit the Mansion during open hours, which can be viewed at highlandsranchmansion.com/calendar.

Did you know . . .

• The original building that evolved into the Mansion we know today, was first built in 1891.
• The Phipps family, who owned the Highlands Ranch Mansion, also owned the Denver Broncos and were involved in national politics.

Visit low water use gardens in Highlands Ranch

The Metro District incorporates beautiful, low water-use plants throughout our parks. Xeriscape and low-water use gardens can be attractive, feature pops of color, and save both money and water.

The principles used in Xeric gardens can be incorporated in your own landscaping. Gather inspiration both from our gardens and from our community partners around Highlands Ranch.

Hendrick Office Building (Centennial Water & Metro District offices), 62 Plaza Drive – gardens on both west and east side of the building.

Redstone Park, 3280 Redstone Park Circle – west entrance by batting cages.

Recreation Center at Eastridge, 9568 S. University Blvd, – Xeriscape garden between the recreation center and parking lot.

Recreation Center at Northridge, 8800 S. Broadway – landscaping in front of the recreation center.

Learn more about Xeriscape principals at coloradowaterwise.org/XeriscapeColorado.
Santa Fe Drive widening project begins soon

As the C-470 Express Lanes project wraps up, work is expected to start on the Santa Fe/US 85 widening project in 2020. Construction on a section of the state highway is scheduled to begin from C-470 to Highlands Ranch Parkway. The project improvements include:

- A six-through-lane section (eight lanes including auxiliary lanes).
- Continuous flow intersections (CFI) at Town Center Drive and Highlands Ranch Parkway.
- A raised median, inside shoulders, and continuous auxiliary lanes.
- Bus stop enhancements.
- A shared-use path for bicycles and pedestrians on the east side of the road.
- Improvements to the High Line Canal Trail by changing the existing at-grade crossing to a grade-separated crossing under Santa Fe/US 85.

The project has secured federal funding, allowing construction of improvements for approximately 2.5 miles of Santa Fe/US 85. The new project limits are from Highlands Ranch Parkway to ¼ mile north of County Line Road.

This project extension to the north will include reconstruction of the bridge over C-470, a new trail connection under Santa Fe/US 85 south of C-470 for bicyclists and pedestrians, and improvements at County Line Road. Replacing the bridge over C-470 enables the project to upgrade to a new CFI interchange configuration similar to those designed for Highlands Ranch Parkway and Town Center Drive.

Learn more at [us85douglascounty.com](http://us85douglascounty.com) where you can watch a video showing a continuous flow intersection (CFI).

Planning for the future of the High Line Canal

The Metro District is proud to support the High Line Canal Conservancy and its efforts to preserve and enhance the 71-mile greenway that stretches from Waterton Canyon in Douglas County to Green Valley Ranch in Northeast Denver. The conservancy is nearing the end of a significant planning initiative to ensure the canal reaches its greatest potential as an environmental, recreational, social, historic and economic asset.

This planning phase focuses on a Framework Plan – a multi-year implementation plan that includes enhancement projects, plans for signage and wayfinding, and landscape design guidelines for all 71 miles. Learn more about the Framework Plan by visiting [highlinecanal.org/framework](http://highlinecanal.org/framework).

The Conservancy has launched a new stewardship program, Caring for the Canal, a series of community cleanups to keep the 71-mile corridor clean and free of litter. Cleanups are family friendly and all ages are invited to participate. They are scheduled throughout the summer along the canal including:

- Saturday, July 13
  - 9-11 a.m.
  - Highlands Ranch

For more details and to register, visit [highlinecanal.org/cleanups](http://highlinecanal.org/cleanups). For further questions on volunteering, email [volunteer@highlinecanal.org](mailto:volunteer@highlinecanal.org).

Call or click before you dig

Did you know improvements to the Colorado One Call Law went into effect statewide last year? The law requires both homeowners and excavators to contact 811 before digging, either by dialing 811 or visiting [colorado811.org/ticket-express](http://colorado811.org/ticket-express). No matter how shallow or how deep you are digging, you must contact 811 at least three days in advance of your project to help prevent injuries and protect underground utilities.

Hiring continues into fall for seasonal positions

The Metro District is currently hiring for seasonal positions that last through late fall. You can enjoy working in the beautiful, outdoor setting of Highlands Ranch while contributing to the high level of service the Metro District provides the community.

Positions are available in:

- Park services
- Parkways
- Parks maintenance

For details about open positions, please visit [highlandsranch.org/jobs](http://highlandsranch.org/jobs).
Highlands Ranch Park and Recreation Foundation seeking new board members

Are you looking for a way to make a positive impact on your community? The nonprofit Highlands Ranch Park and Recreation Foundation is recruiting new board members to fill immediate vacancies on their board of trustees.

The Foundation works hand in hand with the Highlands Ranch Metro District to preserve, enhance and advocate for Highlands Ranch parks, recreation, open space and urban forest projects. The Foundation accomplishes this mission by creating a community of donors and raising private funds for various park and recreation projects. The board is passionate about Highlands Ranch park and recreation programs and helping maintain a great quality of life for all residents.

The Foundation is looking for individuals to serve on the Board of Trustees who are interested in supporting its mission and having a positive impact on the community. Ideal board members will have a diverse and broad range of strengths, experience and backgrounds including:

- Understanding and willingness to support the Foundation’s mission.
- Nonprofit board experience and ability to play an active role on the board.
- Ability to support the Foundation financially as well as with their time.
- Willingness to actively help raise money by cultivating and maintaining relationships with potential donors, and asking for money.
- Commitment to improving the quality of life for residents of Highlands Ranch.

Individuals interested in serving on the Foundation’s board should contact Carrie Ward, Metro District director of parks, recreation and open space, at cward@highlandsranch.org or 720-240-5950.

Redstone Skate Park improvements

In response to requests from users and ongoing maintenance needs, improvements were completed at Redstone Skate Park during April and May. The improvements included making the small bowl area continuous by removing the concrete entrance ramp, extending the quarter pipe on the east end of the street skate area, and removing the landscaping and planting beds within the skate park. These changes were well-received and Redstone Skate Park, 3280 Redstone Park Circle, continues to be a popular destination for skateboarders, scooter riders and BMX riders.

Fence replacement enhances community parkways

More than 42 miles of Metro District-owned parkway fence winds through the community along major two- and four-lane arterial roads in Highlands Ranch. Each year, sections of fence are identified for replacement in order to keep our arterial roads looking beautiful.

Approximately 20,000 feet of Metro District-owned fence is scheduled to be replaced late this year and early next year. Adjacent homeowners will be notified in advance.

Areas to be replaced include:

- Both sides of University Boulevard (from Wildcat Reserve Parkway to Crosspointe Drive).
- North side of University Boulevard and west side of Quebec Street (from Crossland Way to Silver Spur Lane).
- South side of Dad Clark Drive (from Broadway to University Boulevard).
- East side of Quebec Street (from north of Wildcat Ridge to East Big Dry Trail).

During this process the original, cedar wood fence is replaced with a more durable composite material called Trex, which is made of recycled plastic and reclaimed sawdust. The fence replacement schedule is typically set at the end of each calendar year.

For a list of Metro District-owned fence, visit highlandsranch.org/fence.
Reduce coyote conflicts with a free home audit

Coyotes live throughout the Denver metro area year-round, and sightings in Highlands Ranch’s open space, trails and neighborhoods are common. Our close proximity to wildlife makes it important to understand how to avoid conflicts. The Metro District offers free coyote conflict prevention home audits to help educate homeowners about coyote behavior and to point out possible attractants in their yards.

According to Colorado Parks & Wildlife, coyotes have adjusted very well to human-disturbed environments, and now thrive in urban settings. During the summer and fall, adolescent coyotes may be seen in Highlands Ranch with their family units learning to hunt or in a group of other young coyotes. They are opportunistic hunters, and will adjust their diets to food sources that are readily available. In populated areas, this can include trash, pet food left outdoors, fallen fruit under trees and small mammals including domestic pets.

During a coyote conflict prevention home audit, a Metro District park ranger or staff member will walk your property with you and point out possible coyote attractants including sheltered areas, water sources and food sources. They will discuss deterrents you may use to make your yard less appealing to coyotes. Audits are available throughout the year and may be scheduled by calling 720-240-5919 or emailing info@highlandsranch.org.

Additional homeowner resources and coyote information are available on our website at highlandsranch.org/OSIC. Visit for a do-it-yourself home audit checklist, information about hazing coyotes and strategies to keep your pets safe.

Who to call...

The Metro District is responsible for educating residents about coyotes, monitoring interactions between residents and coyotes and reporting coyote encounters to the appropriate agencies. Colorado Parks and Wildlife (CPW) manages all of our state’s wildlife. CPW personnel respond to reports of dangerous coyotes and decide how to handle each situation based on the interest of public safety.

Highlands Ranch Metro District
303-540-2311 Park Rangers’ pager
If you have concerns or would like to report an encounter with a coyote. Pages will typically receive a response within 15 minutes during normal business hours.

720-240-5919: Park Rangers
If you would like to schedule a coyote conflict prevention home audit.

720-240-5924: Open Space Supervisor
Scott Nelson
If you have questions about coyote behavior or deterrents.

Colorado Parks and Wildlife
303-291-7227
If you have an incident or encounter with a coyote, or if a coyote is exhibiting dangerous behavior towards people (such as raising its hackles, baring its teeth or growling).

911: If a person is injured or attacked by a coyote.

Beauty in bloom in Mansion gardens

The grounds of the Highlands Ranch Mansion are spectacular during the spring and summer. Stop by and enjoy the beautiful scenery for yourself. The grounds are open to the public from 5 a.m. until 8 p.m. unless closed for a private event. Access to the interior of the Mansion is limited to public open hours. Check highlandsranchmansion.com/calendar before your visit for information about upcoming events, open hours and closures.

Lost an item in the parks?

Have you ever accidentally left a baseball glove, water bottle, backpack or any other prized possession behind in one of the Metro District parks? Being absent-minded can happen to the best of us, but there’s a chance we might be holding missing items in our lost and found.

Please call the Metro District Parks, Recreation and Open Space Service Center at 303-791-2710. Give us a detailed description of the item and we’ll check to see if we have it. If we have an item that matches the description, you are welcome to visit our office at the west end of Redstone Park, view it and claim it if it’s yours. This office is open weekdays from 8 a.m. until 5 p.m. We hold all items for at least 30 days before donating them to local charities.
If you’re looking for a fun, new and challenging activity in Highlands Ranch, look no further than a visit to Central Park. The new park features slackline poles; installed and ready for you to hook up your slackline and have fun.

Slacklining requires focus, balance and a little coordination. Slacklining can be compared to tightrope walking, but on a one-inch wide tether that is affixed to two poles with a little less tension than a tightrope would have.

Once you get to the park, wrap your lines to the poles, ditch your shoes and go barefoot on the slackline. This will give you a better feel for the slackline and aid in your balance as well.

There are six slackline poles at Central Park with varying distances between them. The poles are adjustable with collars that can go up or down for changing attachment heights.

“Central Park is a very different park from our other parks in Highlands Ranch,” said Carrie Ward, director of parks, recreation and open space for the Metro District. “Designed with a unique urban feel and unique amenities, we decided this would be a perfect park to install permanent slackline poles. Along with the handcrafted picnic tables, ping pong table and corn hole boards this is a great park to enjoy some different types of outdoor fun.”

Check out the Introduction to Slacklining workshop on page 18.

Slacklining guidelines for Central Park

- Slacklining is only allowed on slackline poles at Central Park. Slacklines may not be affixed to any other infrastructure including but not limited to trees, buildings, bike racks, handrails, art objects, fences or light poles.
- Slacklining is only permitted during park hours.
- Participants and spectators assume all risk associated with slackline activities.
- All slacklines may be affixed on a temporary basis and may not be left unattended. Unattended equipment will be removed and considered abandoned property.
- Slacklining is not allowed during permitted events at the park.

Trail Talk

Metro District staff hit the trails in Highlands Ranch to ask people what they enjoy most about living in Highlands Ranch. Here are the responses we heard:

The Heasley family and dog Aspen enjoy walking the High Line Canal Trail every day. Whether in the morning or evening, they enjoy the quiet stroll as a peaceful getaway from busy suburban life. The Heasley family recently moved within Highlands Ranch, so they appreciate how far the trail travels from their old home to their new one.

Deb Kilgore and her dog Riley love to explore Highlands Ranch, walking and visiting their favorite parks and trails every day. Since Central Park recently opened, Deb and Riley enjoy the beautiful, new park on their walks. Being a local resident, Deb explained that the area is very convenient. She described that the parks and trails all around Highlands Ranch provide different features and experiences. Her grandchildren love the water features at Civic Green Park, while Riley enjoys spending time at Dad Clark Park. Deb also appreciates how well the parks are kept clean. There is so much fun to enjoy outdoors in Highlands Ranch.

Crystal Carpenter says her favorite part of walking along the High Line Canal Trail is the surprise of the lovely pond located next to the trail at Fly’n B Park. She explains this is her favorite trail to walk in Highlands Ranch. Crystal and her dog Leo love to take the scenic walk along the High Line Canal when they visit family members who live here.
Highlands Ranch Outdoors scavenger hunt

The Metro District challenges you and your family to discover the great outdoor amenities throughout our community this year with a fun and adventurous scavenger hunt. Snap your family’s photos while you’re out discovering new places and when you post them to social media, add the hashtag #discoverhighlandsranch.

You’ll find the answers to these clues on our website at highlandsranch.org/discoverhighlandsranch.

Location #1: Find the magnificent building that is more than 120 years old and the root of our community’s heritage. Some even say it looks like a castle!

Location #2: I have tons of trees and a pond with lots of fish. Find me located next to the High Line Canal Trail.

Hint: The beginning of my name is something birds can do.

Location #3: I have lots of vegetables and plants. Mother Nature helps me grow. Your green thumb helps me bloom.

Hint: You can find me near Foothills Park. Come on let’s go!

Location #4: I have many flowers and fish. My name begins with something you put in Macaroni and ends with a dressing used with carrots. Solve the riddle and find me!

Location #5: What is the park that has three huge, red towers?

Hint: This park shares a name with a park in New York City.

Location #6: What park has two fountain splash pads, a playground and an amphitheater?

Hint: There is a color in the name of this lively location.

Location #7: Grab the family and hunt down this incredible park. Here you will find a variety of activities including a skate park, tennis courts, batting cages and fishing pond.

Hint: There is a color in the name of this location.

Location #8: Find the place located on the western part of Highlands Ranch perfect for fishing. You’ll need to park at a trailhead parking lot west of Santa Fe Drive, on Carder Court, hop on the High Line Canal Trail and walk south to be welcomed by this beautiful location.

Location #9: This park is unique for having bocce ball and horse shoe courts. The name of this location is a tool used to create art on canvas. Solve the riddle to discover the name of the park.

Location #10: I am a park that launches you toward Highlands Point. My name begins with a color and ends with what a dog wags.

Location #11: This location is a treasure for the community. It offers underground water storage and unique activities available on site. Here you will find a skate park and pickleball courts. Find it and have a blast.

Make fitness fun by heading to the park

Have you tried any of the free fitness programs offered in Metro District parks during the summer? From the long-running and popular Yoga in the Park to the brand new Martial Arts in the Park, these free programs are a unique way to focus on your health and enjoy the outdoors. The Metro District partners with wonderful studios and dedicated instructors in our community. Full details are available at highlandsranch.org.

Yoga in the Park
Ages 18+
Civic Green Park
8:15-9:15 a.m. on Saturdays through Sept. 7 (no class Aug. 24)
Presented by NamasteWorks Yoga + Wellness

Pilates in the Park
Civic Green Park
8:15-9 a.m. on Tuesdays through Aug. 13
Presented by IM=X Pilates Studio

Martial Arts in the Park
Ages 6-17
Civic Green Park
9-9:45 a.m. on July 25, Aug. 5 and Sept. 28.
Presented by Competitive Edge
Mixed Martial Arts
Improvements in our parks

With 26 parks and more than 70 miles of trails in Highlands Ranch, it is a daily job to make sure they are well maintained and ready for visitors. This year several projects will enhance our parks system.

Dad Clark Playground
The playground at Dad Clark Park is scheduled for replacement beginning in the late summer. The new playground design will be developed with vendors to promote inclusive play for all abilities with updated equipment. Additionally, plans include adding rubber surfacing for the playground instead of wood chips. The flat continuous surface will be more accessible for visitors. User feedback was collected during a public meeting in April, and construction is anticipated to be completed this fall.

Restroom at Fox Creek Elementary
A new accessible path was added to the outdoor restroom at Fox Creek Elementary school in May. The restroom was replaced last year and is adjacent to the multi-use sports field.

Johnny’s Pond
A new shade structure and picnic table were recently installed at Johnny’s Pond. Installation of a new fishing dock is expected this summer. After last fall’s dredging project, the water level is once again full and more open water in the pond should invite a variety of shorebirds, shovelers and other water fowl. The pond was stocked last month with warm water species of fish including bass, bluegill, crappie and catfish. It is open to the public and visitors can enjoy fishing, birdwatching and walking around the trail. Parking is only available at Fly’n B Park, 2910 Plaza Drive, which is about a half mile to the east of Johnny’s Pond.

Tanks Park Improvements
Improvements are planned this fall at Tanks Park that will enhance both the skate park and pickleball courts. Tanks Park has been used for recreation for close to two decades. In 1998, an agreement was reached between Centennial Water and Sanitation District and the Metro District to use the property and water storage tank lids for recreational uses. Because the park’s two tanks are used to store water, there are certain limitations on what may be installed on top of them.

In order to make the most of the park, the pickleball courts will be relocated from the west tank to the east tank. This will allow for the addition of perimeter and dividing fences. The east tank lid was originally designed and built with steel plates embedded, which will allow for installation of the fences, something that isn’t possible at the current location of the courts. Other pickleball enhancements include improved nets, which won’t need to be put up and taken down with each use, and a cantilevered shade structure in the nearby grass.

The skate park ramps will be replaced with new equipment and shifted to the west tank. The current ramps are more than 18 years old, and despite frequent maintenance, they continue to deteriorate in the elements. The new skate ramps will be suitable for beginner level skaters and scooter riders, in recognition that Redstone Skate Park has more advanced elements and skaters. The inline hockey boards will be removed when the skate park is moved to the west tank.

Initial concepts were shared during a public input meeting in May and user feedback was collected. Among comments were concerns about the timing of the project. In order to reduce impact on skate park users, construction won’t start until after the school year begins.

Tanks Park is located at 10371 S. Broadway. Project updates will be posted to highlandsranch.org.

Community Partnerships celebrated at Central Park dedication

Metro District Board of Directors Chair Jim Worley, Douglas County Sheriff Tony Spurlock, John Kilrow with Shea Properties, and Douglas County Commissioner Lora Thomas officially cut the ribbon at Central Park during a dedication celebration June 12. The three-acre park is the result of partnership between the Metro District, Shea Properties, the Douglas County Sheriff’s Office and Douglas County. The large red tower in the center of the park is a communications tower for first responders, which has improved radio capabilities vital to responding to critical situations. We would like to thank our partners, our staff, the designers and the contractors who brought this park to life. We are looking forward to many more community gatherings in this beautiful park. To reserve the park for a celebration of your own, visit highlandsranch.org/reservations.
Where does your water come from?

Snowpack. Runoff. Water rights. Groundwater. Surface water. These are all part of the water vocabulary in Colorado. How much do you know about the water supply and the provider that serves Highlands Ranch?

Centennial Water & Sanitation District has provided water and wastewater utility services to Highlands Ranch since 1981. Historically, 85% of the water our community uses has come from surface water sources – rivers and streams, which are supplied by snowpack and the resulting runoff. Centennial Water stands out as the water utility in Douglas County with the largest percentage of surface water supply, thanks to thoughtful planning and a substantial investment in facilities.

However, there are a lot of variables that impact how much water is actually available. A robust snowpack doesn’t automatically mean full reservoirs. One can compare snowpack to your gross paycheck. From your gross pay you have things taken out of it, like taxes, Social Security and health care. What’s left is what actually goes into your bank account. For water, that amount is like the runoff – the water that actually goes into the reservoirs. Evaporation and many other factors affect the amount of water actually making it from snowpack to streams and lakes.

Because there are many factors that are beyond the control of utilities, the importance of conservation and efficient water use is essential to providing a safe, sustainable and reliable water supply for our customers. Centennial Water offers many suggestions and resources to explore how you may be able to reduce the amount of water necessary for your home or business. For more information about Centennial Water, visit centennialwater.org.

Highlands Ranch Household Chemical Roundup Aug. 10

Many common products found in your home, such as oil-based paint, mercury, gasoline, degreasers, cleaning compounds and garden chemicals, may be hazardous to you, your family, and the environment if used or disposed of improperly. It’s important to read the product labels to safely store, use and dispose of chemicals. When these chemicals are not used up entirely, they become household chemical waste and must be disposed of properly or it can harm sanitation workers, create problems in sewage treatment plants and landfills, or pollute the water or air.

The annual Household Chemical Roundup event in Highlands Ranch will be held Saturday, Aug. 10 from 9 a.m. to 3 p.m. at Redstone Park, 3280 Redstone Park Circle. This event is presented by the Tri-County Health Department with support from the Highlands Ranch Metro District, Centennial Water & Sanitation District and Douglas County.

Volunteers are key to the success of this event. High school students who need community service hours for graduation are encouraged to get involved. To volunteer, visit the Tri-County Health Department website at https://bit.ly/2WJEdhZ. To view a list of accepted items, please visit tchd.org/250/Household-Chemical-Roundups.

Proper disposal of paint

More than a billion gallons of paint is purchased every year across the United States. Most of it is used; but people frequently end up with leftover paint they no longer want. Leftover paint can be a nuisance to dispose. Oil-based paints are flammable and cannot be thrown away in the garbage. Waste haulers will not handle wet paint.

In 2014, the Paint Stewardship Act (SB-14-029) was signed into law to create a recycling program for paint and paint products. Paint manufacturers created a nonprofit organization, PaintCare, to collect fees from paint consumers to fund recycling efforts once paint is no longer useful.

Latex paint is not a hazardous waste and can be safely disposed with regular household garbage once it is dried out and no longer liquid. To dry latex paint, remove the lid from the paint cans, mix in an absorbent material such as kitty litter, dirt or sand, to speed the drying process. Allow the paint to dry completely before disposing with your regular trash pickup.

To locate paint drop off sites, visit paintcare.org.
Park shelter reservations

Celebrate at a Highlands Ranch park

Graduation parties
Birthdays
Family reunions
Company picnics
End of season parties

How to reserve a park shelter
1. Visit highlandsranch.org/reservations to check availability calendars. All reservations require a two-hour minimum.
2. Make sure the park shelter you would like to reserve will accommodate the size of your party. An event of more than 100 requires special permitting.
3. Contact the Metro District at 303-791-2710 or submit an online request to a reservations specialist at highlandsranch.org/reservations.

Prior to your park reservation, please review the park rules. No glass bottles are allowed.

Picnic Packs

Bring a bag of fun to your party

The Metro District’s Picnic Packs are a fun and convenient addition to enhance special occasions. From volleyball to cornhole, there is something for everyone. We offer daily rentals of fun-filled packages.

For the kids: Field day fun
Happy kids

For the whole family: Lawn games
Lawn tennis
Volleyball
Croquet

Please contact Pam Moisey at pmoisey@highlandsranch.org for more information or to reserve a Picnic Pack.

2019 fee schedule

<table>
<thead>
<tr>
<th>Shelters</th>
<th>Resident</th>
<th>Nonresident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighborhood park</td>
<td>$18/hr.</td>
<td>$21/hr.</td>
</tr>
<tr>
<td>Community park</td>
<td>$30/hr.</td>
<td>$45/hr.</td>
</tr>
<tr>
<td>Civic Green stage</td>
<td>$50/hr.</td>
<td>$75/hr.</td>
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<tr>
<td>Central Park patio</td>
<td>$50/hr.</td>
<td>$75/hr.</td>
</tr>
</tbody>
</table>

Two-hour minimum

<table>
<thead>
<tr>
<th>Picnic Packs – Bring a bag of fun to your party</th>
</tr>
</thead>
<tbody>
<tr>
<td>Field Day Fun</td>
</tr>
<tr>
<td>Lawn Games</td>
</tr>
<tr>
<td>Happy Kids</td>
</tr>
<tr>
<td>Lawn Tennis</td>
</tr>
<tr>
<td>Volleyball</td>
</tr>
<tr>
<td>Bocce/Horseshoe</td>
</tr>
<tr>
<td>Croquet</td>
</tr>
<tr>
<td>Corn Hole Toss</td>
</tr>
</tbody>
</table>

Damage deposit required.

<table>
<thead>
<tr>
<th>Sports Fields</th>
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<tbody>
<tr>
<td>$16/hr.</td>
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</tbody>
</table>

Bocce/Horseshoe Court

$5/hr. $8/hr.

Pickleball Court

$5/90 mins. $8/90 mins.

(includes use of net/paddles)

2019 Civic Green Park
CALENDAR OF EVENTS

Civic Green Park provides the ultimate park experience in Highlands Ranch. Concerts, festivals and free fitness classes are scheduled throughout the spring and summer months. Here’s a preview of some of the exciting events coming to Civic Green Park.

July

10 Ice Cream Social presented by the Highlands Ranch Metro District and South Metro Fire Rescue highlandsranch.org

26 Culture on the Green – Kalama Polynesian Dancers presented by the Highlands Ranch Cultural Affairs Association hrcaonline.org

August

2 Film in the Park – Mary Poppins Returns presented by Highlands Ranch Cultural Affairs Association hrcaonline.org

3 Highlands Ranch Concert Band hrconcertband.org

9 Film in the Park – How to Train Your Dragon 3 presented by Highlands Ranch Cultural Affairs Association hrcaonline.org

16 Film in the Park – Incredibles 2 presented by Highlands Ranch Cultural Affairs Association hrcaonline.org

17 Highlands Ranch Concert Band hrconcertband.org

23 End of Summer Concert No Visible Flaws, presented by Highlands Ranch Metro District and Highlands Ranch Cultural Affairs Association highlandsranch.org

24 Pi’ilani Hawaiian Festival presented by Hawaiian Civic Club of Colorado
Program registrations
All program registrations are accepted on a first-come, first-served basis or until leagues are full in the following ways:

1. **Online**
   highlandsranch.org/signmeup

2. **Mail or in person**
   3280 Redstone Park Circle
   Highlands Ranch, CO 80129

3. **Fax** to 303-470-9516

**Waitlists** will apply once leagues are full or after the registration deadline.

**Late fees** – A $15 late fee will apply after the registration deadline. However if leagues are full, late registrations will be placed on a waitlist.

Program refunds
Refunds are granted in full for any program cancelled by the Metro District. Credits or refunds requested by the participant must be received at least three working days prior to the program start and are subject to a $15 processing fee. Credits or refunds requested after a program has started will be considered on a case-by-case basis.

Recreation Program Sponsorships
Great for your community
Great for your business
Support a team, league, facility or event. For details, please contact Dave Parks at 720-240-5933 or dparks@highlandsranch.org.

Highlands Ranch Metro District Annual Benefit Golf Tournament

**Monday, Sept. 23**
12:30 p.m. shotgun start
University of Denver Golf Club at Highlands Ranch

Registration is now open. Proceeds benefit the Highlands Ranch Park & Recreation Foundation. Foundation projects include enhancing recreation programs and amenities and youth sports scholarships.

**Cost is $105 per player**
Activity #501410-A

Visit highlandsranch.org/tournament for a registration flyer or for more information. If you are interested in sponsoring this event, please contact Dave Parks at 720-240-5933 or dparks@highlandsranch.org.

Interested in a great job?
Working with Metro District recreation programs will take you outdoors in a sports environment. Each year the Metro District hires qualified individuals for these positions. If you are interested in any of these jobs, please call the Metro District Recreation Services staff at 303-791-2710.

**Youth Lacrosse Instructors & Officials**
(ages 14 & older)

**Youth Flag Football Supervisor**
(ages 18 & older)

**Youth Flag Football Officials**
(ages 14 & older)

**Batting Cage Attendants**
(ages 16 & older)

**Youth Baseball Field Supervisor**
(ages 18 & older)

**Adult Softball Umpires**
(ages 18 & older)

For more program details, please visit highlandsranch.org.
Skyhawks Summer Sports Camps

Ages 4 – 12

Skyhawks provides a safe, fun, non-competitive environment to teach sports to children. Programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Knowledgeable and patient staff members use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught more than two million boys and girls life skills through sports, such as teamwork, respect and sportsmanship. Visit skyhawks.com/colorado for additional information.

All participants receive a T-shirt, merit award and sport-specific ball (unless otherwise noted). The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, snack, water bottle, running shoes and sunscreen. Please put your child’s name and phone number on all personal belongings.

For descriptions, activity numbers, and to register for a Skyhawks Sports Camp, visit highlandsranch.org/signmeup.

SuperTots Sports Academy

Ages 2 – 5

Since 2002, SuperTots engages kids, ages 2-4, in physical activity in a non-competitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play and need to devote time and energy to recreation activities. For that reason, we’ve designed an engaging, skill-building curriculum in which “tots” learn through a series of fun and beneficial games. They will acquire athletic skills and fitness but also develop an interest in and love of sports. All programs meet once a week, on Saturdays, for six weeks, and include a T-shirt and award. Please visit supertots.com/colorado for additional information.

Fee: Resident: $89 Nonresident: $102

Registration deadline: One week prior to the class start date

SoccerTots

SoccerTots is our flagship program. Our classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition. Program location is Redstone Park – Red Rocks Field, 3280 Redstone Park Circle

<table>
<thead>
<tr>
<th>Dates</th>
<th>Age</th>
<th>Time</th>
<th>Activity #</th>
</tr>
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<tbody>
<tr>
<td>Sept. 7-Oct. 12</td>
<td>2-3</td>
<td>9-9:50 a.m.</td>
<td>202122-A</td>
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<tr>
<td>Sept. 7-Oct. 12</td>
<td>3-4</td>
<td>10-10:50 a.m.</td>
<td>202122-B</td>
</tr>
<tr>
<td>Sept. 7-Oct. 12</td>
<td>4-5</td>
<td>11-11:50 a.m.</td>
<td>202122-C</td>
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</tbody>
</table>

1st DownTots (Football)

1st DownTots is a development program that uses a variety of fun games to engage kids while teaching football and developing fundamental skills. The goal is to build fitness, muscle coordination, football fundamentals and create a love for the game. We do not do any tackling or blocking at this level. Program location is Plum Creek Academy, 9340 Commerce Center Street

<table>
<thead>
<tr>
<th>Dates</th>
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<th>Time</th>
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<tbody>
<tr>
<td>Oct. 19-Nov. 23</td>
<td>2-3</td>
<td>9-9:50 a.m.</td>
<td>202124-A</td>
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<tr>
<td>Oct. 19-Nov. 23</td>
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<td>10-10:50 a.m.</td>
<td>202124-B</td>
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<tr>
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<td>4-5</td>
<td>11-11:50 a.m.</td>
<td>202124-C</td>
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For more program details, please visit highlandsranch.org.
Fall Competitive Youth Baseball
Team registration only
Ages 7 – 14*
This is a competitive baseball league for above average to advanced players/teams only. Practices are once a week on a shared field. All games are played on Sundays. Teams must provide their own uniforms. The season includes eight games plus a single elimination tournament.

Practices begin the week of July 29.
Team Fee: 7–8 year olds – $1,575 per team
9–14 year olds – $1,700 per team

Registration deadline: Monday, July 15

Age* Type of Play
7–8 Kid Pitch (Modified)
9 Kid Pitch
10 Kid Pitch
11 Kid Pitch
12 Kid Pitch
13–14 Kid Pitch

*Age as of May 1, 2019

To register a team, contact Luke Ruter at 720-240-5912.

Individual players looking to get on a team can attend Draft Day at 9 a.m. Sunday, July 21 at Redstone Park. To participate in the draft day, individuals must pre-register using Activity #201117-1. Participants attending draft day are not guaranteed to be placed on a team.

Summer Baseball Camp
Ages 7 – 14
The Metro District is proud to offer this camp in association with Diamond Club Training. Diamond Club operates its own facility as a national affiliate of America’s Baseball Camps and is the home of the Colorado Rockies fall scout team. Diamond Club Baseball camp directors are experienced professional instructors with years of playing and coaching experience at the professional and/or college level.

The focus of this camp will be on the five trademark tools of baseball: hitting for average, hitting for power, running, throwing and playing defense. Take the drills and skills we show you to improve your game.

Required equipment: Glove, bat, helmet, hat and water bottle. Players should wear cleats and either shorts, sweats or baseball pants.

Fee: Resident: $120  Nonresident: $138

Registration deadline: Monday, July 15
July 22-24  9 a.m.–noon Redstone Park  Activity #101118-B

Fall Youth Flag Football Leagues
Ages 4 – 14
For close to two decades, the Metro District flag football program has offered recreational, non-contact leagues with 5 v 5 games for boys and girls. Have fun, learn skills and practice game fundamentals with friends and neighbors in our local parks. Stay active while developing teamwork and sportsmanship. Games are played on a 60-yard field. There will be one practice a week with Saturday games.

Fee:
Resident: $102  Nonresident: $117

Registrations deadline: Monday, July 22
Practices begin the week of Aug. 5.
Games begin Saturday, Aug. 17.

Current Grade* Activity #  Current Grade  Activity #
4-5 year olds** 201400-1 Fourth 201405-1
Kindergarten 201401-1 Fifth 201406-1
First 201402-1 Sixth 201407-1
Second 201403-1 Seventh 201408-1
Third 201404-1 Eighth 201409-1

*Age as of Aug. 5, 2019
**Must be 4 years old by program start date

Fall Youth Flag Football Tournament
Grades 2 – 8
Can’t get enough football? Sign your team up for our end-of-season tournament on Saturday, Oct. 19. This tournament is optional for league players.

Fee: $200 per team

Registration deadline: Monday, Oct. 7

Grade Activity #  Grade Activity #
Second 201410-1 Sixth 201414-1
Third 201411-1 Seventh 201415-1
Fourth 201412-1 Eighth 201416-1
Fifth 201413-1
Annual Fall Preseason Flag Football Clinic

Ages 4 – 14

This 14th annual camp, led by former NFL quarterback TJ Rubley, is recommended for all participants of the Metro District Youth Flag Football leagues as well as individuals interested in learning more about flag football. Participants will break into age-appropriate groups and learn skills relating to both offensive and defensive positions.

Fee: Resident: $30     Nonresident: $35

Registration deadline: Friday, Aug. 2
Saturday, Aug. 3   9 a.m.–noon   Shea Stadium   Activity #101400-A

Youth Sports Performance Training

Ages 8 – 12

Speed, power, agility, quickness. These are the pillars of athletic success. Give your child the competitive edge when enrolling in this four-week program. Learn to become more efficient in athletic movement patterns, increase core strength and boost confidence in a short period of time. Have your child feeling like an entirely different athlete heading into the season. Classes will be held at Beyond Fitness & Performance, 9150 Commerce Center Circle, Suite 200, Highlands Ranch 80129.

For more information visit beyondfitness-performance.com or call 720-531-5500.

Fee: Resident: $90     Nonresident: $105

Registration deadline: Friday before the first class

CARA Fall Lacrosse

Ages 6 – 14

Recreational 7 v 7 Lacrosse Leagues

Teams play in the Colorado Association of Recreational Athletics (CARA) league. It is designed for beginner lacrosse players who are looking for a more recreational league. Teams will travel for away games against other CARA teams. All teams are scheduled for seven games.

Required equipment: Lacrosse helmet, shoulder pads, arm pads, gloves, stick, protective cup and a mouthguard. Rib pads and throat protectors are optional, but recommended.

Fee: Resident: $135     Nonresident: $155

Practices begin the week of Aug. 19.
Games begin Sept. 7 and end Oct. 19 (weather dependent).

Registration deadline: Monday, Aug. 12

<table>
<thead>
<tr>
<th>Age*</th>
<th>Activity #</th>
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<tbody>
<tr>
<td>6–8</td>
<td>201510-1</td>
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<tr>
<td>8–10</td>
<td>201511-1</td>
</tr>
<tr>
<td>10–12</td>
<td>201512-1</td>
</tr>
<tr>
<td>12–14</td>
<td>201513-1</td>
</tr>
</tbody>
</table>

*Age as of Sept. 7, 2019

Spirit Team

Ages 4 – 14

The Metro District has partnered with Peak Athletics-Highlands Ranch to provide a Spirit Team to complement our Youth Flag Football League. Practice at the gym during the week and perform at games on Saturdays. Practices will be held at Peak Athletics, 399 Dad Clark Drive, 303-797-8082.

Don’t just watch your favorite team from the bleachers — cheer them on from the field. This recreational spirit program will focus on teaching participants the fundamentals of cheerleading and dance to use during weekend flag football games and halftime performances. Athletes will learn the values of hard work, teamwork and self-confidence. No experience needed. There will be one practice a week at Peak Athletics, with Saturday games and other performances. Games are held at various Highlands Ranch parks.

Practices begin Aug. 7.

Registration deadline: Friday, July 26

Fee: Resident: $130     Nonresident: $150

Team Fee: $50, includes cheer bow, T-shirt, game day goodies and other extras; paid directly to Peak Athletics

Uniform Fee: $80, includes cheer uniform and poms; paid directly to Peak Athletics.

*Uniform sizing date is Wednesday, July 31 at 6 p.m. at Peak Athletics.

Wednesdays, Aug. 7-Oct. 9     6–7 p.m.   Peak Athletics
Activity #202302-A

For more program details, please visit highlandsranch.org.
New – Intro to Slacklining
Ages 5 – 80
Improve your balance and take on a fun, new challenge with slacklining. This beginner class will introduce you to the basics of walking a slackline. In it you will progress from balancing stationary on one foot to hopefully walking all the way across a line. We will also introduce you to the basics of slackline setup so you can go off and practice on your own. Located at Central Park, 1367 Park Central Drive.

Fee: Resident: $25 Nonresident: $29
Registration deadline: Wednesday, July 31
Thursday, Aug. 1 10-11:30 a.m. Central Park 106100-A

Fall Youth Rugby
Ages 6 – 14
Rugby leagues are offered for both boys and girls. Teams play as a part of the Flag/Tackle Rugby Youth (TRY) rugby program. This is a six-game season with Saturday games. New player fee includes a jersey and Colorado Youth Rugby membership. The season runs September through October.

Required equipment: Mouthguard; cleats are recommended, however they must be soccer or rugby cleats with no front spike.

Fee: $170 new player $115 returning TRY player
Some age groups have weight limitations. Please visit highlandsranch.org or ranchrugby.org for details.

Registration deadline: Monday, Aug. 26

Fall CARA Youth Cross Country
Ages 7 – 14
This program provides a recreational distance running experience in a fun, age-appropriate environment focused on skill development.

Teams will compete in five meets during the season (Saturdays or Sundays) starting Sept. 7 through Oct. 6. Practices are Tuesdays and Thursdays starting Aug. 13, from 6-7 p.m. at Redstone Park. Meet host sites, dates and distances for events have not yet been determined. Events will be offered for boys and girls ages 7-14 (age as of Oct. 31, 2019). Boys and girls will compete in separate gender and age divisions (8 and younger, 9-10, 11-12 and 13-14).

Fee: Resident: $68 Nonresident: $78
Registration deadline: Friday, Aug. 9
Activity #206100-1

Skateboarding
Programs will be held at Redstone Skate Park, 3280 Redstone Park Circle.

SkateStart Level 1
Ages 5 – 12
Learn the basics of skateboarding with SkateStart. This fun program is for beginner skateboarders or those who have never tried the sport and want to test it out. You’ll ride SkateStart’s high quality skateboard (provided) with its patented teaching tool. Participants will learn how to push and roll the skateboard through proper technique and foot placement. You’ll build confidence and muscle memory with the tested curriculum and be ready for more advanced camps.

Required equipment: Helmet and closed-toe shoes
Fee: Resident: $50 Nonresident: $58
Registration deadline: Friday before class start date

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity #</th>
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</thead>
<tbody>
<tr>
<td>Monday, July 15</td>
<td>9-10:30 a.m.</td>
<td>101806-B</td>
</tr>
<tr>
<td>Saturday, Oct. 5</td>
<td>9-10:30 a.m.</td>
<td>201802-A</td>
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</tbody>
</table>

SkateStart Skatecamps
Ages 6 – 14
Look forward to mastering drop-ins, carving the bowls, ollies, games of SKATE, skate trivia, scavenger hunts, prizes and more. This summer we are offering a half-day camp. Find out why everyone is talking about SkateStart and join the fun. If you are a beginner, it is highly recommended you attend the SkateStart Level 1 program first.

Required equipment: Helmet and closed-toe shoes
Registration deadline: Friday before class start date

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</tr>
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<tbody>
<tr>
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<td>9-10:30 a.m.</td>
<td>101806-B</td>
</tr>
<tr>
<td>Monday, Oct. 14</td>
<td>9 a.m.-noon</td>
<td>201802-A</td>
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</table>

Please visit highlandsranch.org for the latest listings of fall SkateStart camps.

Ruler of the Railzz
Skateboarding/Scooter Competition
The Ruler of the Railzz skate park competition at Redstone Skate Park provides a competitive event for all skaters and riders in the Denver metro area. This annual event brings out local skaters to compete for the top spot in the area. The contest is open to all ages and abilities with seven different divisions in which to participate. Helmets are required, and a parental waiver must be signed to participate.

Fee: $10 per participant per event
Saturday, Sept. 14. Pre-registration is recommended. Registration is accepted on-site from 11-11:45 a.m. Competition starts at noon.

Activity #507201-B
For more information and the list of divisions, please go to highlandsranch.org.

For more program details, please visit highlandsranch.org.
Adult Softball
Leagues for the fall season begin the week of Sunday, Aug. 18. Please visit our league website at quickscores.com/hrmd for detailed information. To register, contact Luke Ruter at 720-240-5912 or lruter@highlandsranch.org.

**Fee:** $485 per team (seven games + single elimination tournament)

**Registration deadline: Thursday, Aug. 8**

<table>
<thead>
<tr>
<th>Day</th>
<th>Division</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>Men’s D-Open, Men’s D-Rec</td>
</tr>
<tr>
<td>Monday</td>
<td>Men’s Upper D-Rec, Men’s D-Rec</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Men’s D-Rec</td>
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<tr>
<td>Wednesday</td>
<td>Coed Upper D-Rec, Coed D-Rec</td>
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<tr>
<td>Thursday</td>
<td>Men’s Upper D-Rec, Men’s D-Rec, Coed D-Rec</td>
</tr>
<tr>
<td>Friday</td>
<td>Men’s D-Open, Men’s D-Rec, Coed D-Rec</td>
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</tbody>
</table>

**End of Summer Adult Softball Tournament**
Saturday, Aug. 17 at Redstone Park
One day, double-elimination tournament.
Open to Men’s D-Open/Upper D-Rec, Men’s D-Rec and Coed D-Rec teams

**Fee:** $200 per team

**Registration deadline: Thursday, Aug. 8**
Contact Luke Ruter at 720-240-5912 or lruter@highlandsranch.org to register your team for the tournament.

**Free agent sign up**
*What if I am an individual player without a team?*
If you are interested in joining a team for a particular sport, please visit the Metro District’s league website at quickscores.com/hrmd or email Luke Ruter at lruter@highlandsranch.org.

Bocce Ball
Programs will be held at Northridge Park, 8800 S. Broadway.

**Learn to Play**
Ready to learn bocce ball? Class will teach rules and how to play. This is a great introduction before the fall league begins.

**Fee:** Resident: $15 Nonresident: $17

**Registration deadline: Friday, Aug. 2**
Wednesday, Aug. 7 6-7 p.m.  
Activity #204214-A

**Wednesday Mixed Leagues**
Bocce ball is two-player league. Sign up as a team or individual. Single players will be matched with partners. League start time is 6 p.m.

**Fee:** $40 per person (six weeks plus a tournament)

**Registration deadline: Friday, Aug. 9**
League begins Wednesday, Aug. 14  Activity #204216-A

WASA Coed Adult Kickball Leagues
The Western Alternative Sports Association (WASA) brings the fun of kickball to Highlands Ranch. Join the thousands of adults around Denver reliving their playground days. WASA Kickball is fun, laid back and social. Team fees include an eight-week outdoor season, customized team T-shirts, equipment, great specials/postgame giveaways and a playoff tournament.

**Registration is underway at wasasports.com.**
Games will be played Thursday nights beginning July 11.

**Golf Lessons – Get Out and Play**
*Ages 18 & older*
Are you interested in learning to play golf but are too intimidated to try it? The Get Out and Play introductory class is just right for you. The Metro District and The Links Golf Course have teamed up to offer you a way to learn to play or improve your game in a fun setting. You will be taught the fundamentals of the game, from chipping and putting to a full swing with all the clubs. The latter part of each class will be spent applying your new skills on the golf course. The goal is to give you confidence to get out and play once the class is complete. Classes are held at The Links Golf Course, S815 E. Gleneagles Village Parkway.

**Fee:** Resident: $165 Nonresident: $190

**Space is limited to 6 per class.**
Wednesday, Aug. 14-Sept. 4  6:15-7:30 p.m.  
Activity #102501-C

Pickleball
Programs will be held at Tanks Park, 10371 S. Broadway.

**Learn to Play**
So you’ve heard of pickleball, but don’t know what the fuss is all about? This introductory class will teach the game rules and techniques to help you fall in love with this rapidly growing sport.

**Fee:** Resident: $15 Nonresident: $17

**Registration deadline: Friday, Aug. 9**
Thursday, Aug. 15  9–10:30 a.m.  
Activity #203713-A

**Thursday Doubleheader League**
Sign up for our recreation-level doubles league as a team or as an individual. Single players will be matched with a partner. League games will start after 5 p.m., and doubleheaders will be played each week.

**Fee:** $45 per person (five weeks, 10 games, plus a tournament)

**Registration deadline: Friday, Aug. 23**
Fall league begins Aug. 29 Matches start at 5 p.m.  
Activity #203714-A

For more program details, please visit highlandsranch.org.
Youth Tennis

Register for all tennis programs at redstone.mytennisclub.net.

Lebsack Tennis Center

REDSTONE PARK
HIGHLANDS RANCH, CO
9325 Foothills Canyon Boulevard,
Highlands Ranch, CO 80129
303-791-2348

Lebsack Tennis Center is located on the west side of Redstone Park at Town Center Drive and Foothills Canyon Boulevard. It features eight lighted public tennis courts available for drop-in use when not scheduled, and is open daily from late-March to late-October.

All classes listed are subject to change and prices listed are for Highlands Ranch residents — nonresident prices are slightly higher.

Look for more information and register for all classes and drills at redstone.mytennisclub.net.

SUMMER AND FALL SESSIONS

Summer 2
July 8-Aug. 3

Fall 1
Aug. 12-Sept. 14

Fall 2
Sept. 16-Oct. 19

FALL BREAK CAMPS
Best Way to Spend Fall Break
Four days of learning, drills and games.
Grab a friend and join us.
Oct. 14-17
Ages 7-10 1-2:30 p.m.
Ages 11-13 2:30-4 p.m.

JUNIOR TEAM TENNIS
FALL LEAGUE
Ages 8 – 18
The fall league for juniors is the fun way to keep their match play going or to get them started on a team. With after school practices and Saturday afternoon matches, this league is the perfect fit to keep your kids on the court this fall.

Learn all about the league and register at redstone.mytennisclub.net.

Red Ball Classes
Ages 4 – 7

ABC’s
Agility, Balance and Coordination
Perfect for 4- to 5-year-old beginners
Saturday 8:30-9 a.m.
$60

Red 1
Learn to hit
45-minute classes for beginners
Saturday 9:9:45 a.m.
$84

Red 2
Let’s rally
Learning to rally on “THEIR” court
Saturday 10-1 a.m.
$84

Orange Ball Classes
Ages 7 – 10

Orange 1
Learn to play
Best for younger players and beginners
Monday 6:30-7:30 p.m.
Saturday 9:30-10:30 a.m.
$86

Orange 2
Learn to rally
Step up to the next level
Wednesday 6:30-7:30 p.m.
Saturday 10:30-11:30 a.m.
$86

Green Ball Classes
Ages 10 – 15

Green 1
Learn to play
Wednesday 7:30-8:30 p.m.
Saturday 1:30-2:30 p.m.
$86

Junior Development Levels I & II
Ages 9 – 12
Five weeks, 10 classes
$180

Development I
Monday/Wednesday 4:30-5:30 p.m.
Development II
Tuesday/Thursday 4:30-5:30 p.m.

Junior Development Levels I & II
Ages 13 – 16
Five weeks, 10 classes
$180

Development I
Monday/Wednesday 5:30-6:30 p.m.
Development II
Tuesday/Thursday 5:30-6:30 p.m.
Adult Tennis

Register for tennis programs at redstone.mytennisclub.net.

**CAMPS AND SYMPOSIAHS**
Check the website for these full- and half-day adult events. Each event gives you a chance to work on your entire game while focusing on specific parts. Spaces are very limited and always sell out fast.

**ADULT SOCIALS**
Friday night socials are epic at Lebsack. Preregister at redstone.mytennisclub.net.

**COURT FEES**
- Reserved court fees $6/hour
- Ball machine rental $15/hour
  (Includes balls and a reserved court.)

**PRIVATE LESSONS**
- 1 and a Pro $65/hour
- 2 and a Pro $35/hour per player
- 3 and a Pro $25/hour per player
- 4 and a Pro $20/hour per player

The above rates are for Highlands Ranch residents. Nonresident fees are slightly higher.

**DRILL CLASSES**
All drill classes allow you to choose the classes and times each week that fit your schedule, with no long commitment. Register online for the days and times that fit your life.
- Intermediate = 2.5 - 3.0 players
- Advanced = 3.5 players and higher

**Fee:** $28 90-minute class

**Beginners Tennis – TNT (Tennis in No Time)**
Adult beginner and intermediate classes are a great way to learn a new sport, rekindle an old passion or simply have fun and meet new friends.
- Wednesday (Beginner) 9:30-10:30 a.m.
- Wednesday (Adv. Beg.) 10:30-11:30 a.m.
- Thursday (Beginner) 6:30-7:30 p.m.
- Thursday (Adv. Beg.) 7:30-8:30 p.m.

**Drills and Skills**
All drill classes allow you to choose the classes and times each week that fit your schedule, with no long commitment. Register online for the days and times that fit your life.
- Intermediate = 2.5 - 3.0 players
- Advanced = 3.5 players and higher

**Fee:** $28 90-minute class

**Saturday Power Drills**
Drills and Skills are fun developmental classes that include stroke development and fun games.
- Saturday (Intermediate) 9-10:30 a.m.
- Saturday (Advanced) 10:30 a.m.-noon

**Drill and Play**
A 45-minute, fast-paced drill class designed to work on a new skill set each week, followed by another 45 minutes of round robin match play with the pro on court to work on tactics and strategies.
- Friday (Intermediate) 9-10:30 a.m.
- Friday (Advanced) 10:30 a.m.-noon

**Live Ball**
High energy classes where every point is live. No drills – just competitive games to sharpen your skills.
- Tuesday (Advanced) 9:30 -11 a.m.
- Thursday (Intermediate) 6:30-8 p.m.
Nature EdVentures

**The registration deadline is one week prior to the class start date.**

Unless otherwise noted, all classes have the following fee: Resident: $10  Nonresident: $12

Group rate programs (three or more per registration): Resident: $6/person  Nonresident: $7/person

Children five and younger must be accompanied by an adult.

---

### Nature Crafts
**All Ages/Families**

Do you enjoy creating your own works of art? If so, then join us in using natural material to create your very own green artwork to take home with you. Come prepared to get crafty.

**Activity #105318-A**
**Group Activity #105318-B**

**Wednesday, July 24**  1-2 p.m.
Big Dry Creek Park

---

### Cops and Bobbers
**Ages 6 – 14**

Join Douglas County Sheriff’s Office deputies, wildlife managers and park rangers for a morning of fishing. Get to know your local law enforcement officers while having fun. Fishing rods and bait will be available or bring your own. This is a catch and release event.

**Activity #105306-A**
**Group Activity #105306-B**

**Friday, July 26**  8-11 a.m.
Fly’n B Park

---

### Campfire Fun
**Ages 6 – 16**

Learn how to safely start a campfire from Metro District park rangers. We will go through emergency fire starters for wilderness safety and end the evening cooking s’mores and cinnamon apples.

**Activity #105320-A**
**Group Activity #105320-B**

**Thursday, Aug. 1**  6:30-8 p.m.
Fly’n B Park

---

### Bee Thankful
**All Ages/Families**

Mature gardens provide an abundance of nutritious fruits and vegetables and bee-utify our cities and backyards. Come to our native pollinator garden and help maintain its diverse wonder. Learn how to identify if a plant has been well pollinated to create healthy seeds and what pollinators need to survive until the next flowering season. There will also be live honeybees to observe.

**Activity #105327-A**
**Group Activity #105327-B**

**Tuesday, Aug. 13**  5:30-7 p.m.
Kistler Park

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### Dog Days of Summer
**Ages 6+/Families**

Celebrate your canine companion on National Dog Day. Bring your furry friend to Rover’s Run Dog Park for some off-leash fun and learn about their wolf and coyote relatives. Pups, paw-ty favors, and prizes. Please only well-behaved dogs and a maximum of two dogs per person.

**Activity #105328-A**

**Monday, Aug. 26**  6-7:30 p.m.
Rover’s Run at Redstone Park

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### Shelter Building
**All Ages/Families**

Did you know you can survive three weeks without food, three days without water, but only three hours without shelter in extreme environments? Get hands-on experience building an outdoor shelter and learn about wilderness survival rules of three. Please dress appropriately for the weather and bring gloves.

**Activity #205316-A**
**Group Activity #205316-B**

**Thursday, Sept. 26**  5:30-7 p.m.
Fly’n B Park

---

### Halloween Harvest Full-Moon Hike
**All Ages/Families**

Hike under autumn’s Harvest Moon and discover strange and unique nocturnal wildlife. Listen to eerie sounds, look for nighttime critters, and enjoy hot chocolate while creating wildlife masks.

**Activity #205317-A**
**Group Activity #205317-B**

**Friday, Oct. 11**  7-8:30 p.m.
Fly’n B Park

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### The Buzzzz About Honey
**All Ages/Families**

Honey is nature’s oldest sweetener and is used for both food and medicine. Honeybees are so good at making honey that one hive can make a hundred excess pounds for humans to eat. Learn about one of our most important animals, the honeybee, and its journey of pollinating millions of flowers that produce our fruits and vegetables. Enjoy tasting honey and observing live bees with our resident beekeeper.

**Activity #205211-A**
**Group Activity #205211-B**

**Tuesday, Oct. 15**  2-3:30 p.m.
Metro District Service Center at Redstone Park

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### Highpoint Hike
**Ages 6+/Families**

Make the trek to the highest point in Highlands Ranch and take in the view from 6,310 feet. Learn about local wildlife along the way, spot fourteeners in the distance and appreciate the Denver skyline. Bring binoculars and prepare to get your heart rate up on this three-mile hike.

**Activity #205318-A**
**Group Activity #205318-B**

**Saturday, Oct. 12**  10-11:30 a.m.
Red-tail Park

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For more program details, please visit highlandsranch.org.
Horseback Riding Lessons

**Ride at the Ranch**

All lessons will be held at Stockton’s Plum Creek Stables, 7479 W. Titan Road.

**Equipment and Clothing:**
Helmets are mandatory. Stockton’s provides ASTM/SEI approved riding helmets in all sizes. Wear jeans (pants), closed-toe shoes or boots to protect feet from hooves. Bring a water bottle, weather-appropriate jacket, sunscreen and bug spray.

**Liability and Emergency Release Forms**
Stockton’s requires a parent/guardian to complete a liability release and emergency contact form. Please arrive 15 minutes early on the first day in order to complete these forms.

The registration deadline is one week prior to the class start date.

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**Kiddie Corral I**

**Ages 5 – 7**

Learn about horse behavior, grooming, feeding and balanced centered riding. The focus of this class is on safety while building confidence. **All classes meet Monday through Thursday.**

<table>
<thead>
<tr>
<th>Fee: Resident</th>
<th>$99</th>
<th>Nonresident</th>
<th>$109</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>July 22-25</td>
<td>11:30 a.m.-12:30 p.m.</td>
<td>Activity#</td>
<td>107301-I</td>
</tr>
<tr>
<td>Aug. 19-22</td>
<td>5-6 p.m.</td>
<td>207301-A</td>
<td></td>
</tr>
<tr>
<td>Sept. 9-12</td>
<td>5-6 p.m.</td>
<td>207301-B</td>
<td></td>
</tr>
<tr>
<td>Sept. 16-19</td>
<td>5-6 p.m.</td>
<td>207301-C</td>
<td></td>
</tr>
<tr>
<td>Sept. 30-Oct. 1</td>
<td>5-6 p.m.</td>
<td>207301-D</td>
<td></td>
</tr>
<tr>
<td>Oct. 7-10</td>
<td>5-6 p.m.</td>
<td>207301-E</td>
<td></td>
</tr>
</tbody>
</table>

**Kiddie Corral II**

**Ages 5 – 7**

This class builds on safety and skills from Kiddie Corral I. Students will learn about grooming with a partner, using a saddle and riding with reins. The class ends with a fun horse show on the last day. **All classes meet Monday through Thursday.**

*Students must have completed Kiddie Corral I to participate in this class.*

<table>
<thead>
<tr>
<th>Fee: Resident</th>
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</thead>
<tbody>
<tr>
<td>Dates</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>July 15-18</td>
<td>9-10 a.m.</td>
<td>Activity#</td>
<td>107302-C</td>
</tr>
<tr>
<td>Aug. 5-8</td>
<td>1-2 p.m.</td>
<td>107302-D</td>
<td></td>
</tr>
</tbody>
</table>

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**Beginning Horsemanship**

**Ages 8 – 15**

This hands-on class is an introduction to western horsemanship for beginners, emphasizing horse/rider communication, grooming and handling skills. **All classes meet Monday through Friday.**

<table>
<thead>
<tr>
<th>Fee: Resident</th>
<th>$195</th>
<th>Nonresident</th>
<th>$210</th>
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<tbody>
<tr>
<td>Dates</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>July 22-26</td>
<td>9-11 a.m.</td>
<td>Activity#</td>
<td>107303-F</td>
</tr>
</tbody>
</table>

**Intermediate Horsemanship**

**Ages 8 – 15**

A more intensive western horsemanship class, focused on improving students ability to catch, groom, saddle, bridle and build confidence while jogging on horseback. Wraps up with a trail ride on the last day. **All classes meet Monday through Friday.**

*Students must have completed Beginning Horsemanship to participate in this class.*

<table>
<thead>
<tr>
<th>Fee: Resident</th>
<th>$130</th>
<th>Nonresident</th>
<th>$140</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 7, 14, 21</td>
<td>10-11 a.m.</td>
<td>Activity#</td>
<td>207306-A</td>
</tr>
<tr>
<td>Nov. 2, 9, 16</td>
<td>10-11 a.m.</td>
<td>207306-B</td>
<td></td>
</tr>
</tbody>
</table>

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For more program details, please visit [highlandsranch.org](http://highlandsranch.org).
Wildlife abounds throughout Highlands Ranch. This muskrat was spotted in Spring Gulch Pond. When viewing wild animals, always remember to observe from a safe distance – safe for both you and the animal.

During the peak of summer, when Highlands Ranch parks are busy with games, tournaments and visitors, it can be staggering to see the amount of used plastic bottles that pile up. While the Metro District has recycling containers in the busiest parks, the biggest impact you can make is choosing to use less single-use plastic. Plan to bring a refillable water bottle instead. In addition to regular drinking fountains found in most Metro District parks, both Northridge Park and Redstone Park have water bottle fillers available.

Streetlights in Highlands Ranch are maintained by Xcel Energy. Streetlights are billed through the Metro District’s utility bill. The streetlight charge is intended to recover the costs paid by the Metro District to Xcel Energy for streetlight electricity and maintenance. The residential fee applies to streetlights on both arterial and residential streets. The commercial fee is set to recover a portion of the cost of arterial streetlights only.

To report a streetlight outage, write down the pole number, cross streets and call the Xcel Energy Customer Service line at 1-800-895-1999. You may also visit Xcel’s website at xcelenergy.com/Outages_and_Emergencies/Outdoor_Lighting_Outages.

Attend a board meeting

Metro District board meetings are held at 6 p.m. the last Tuesday of each month (with rare exceptions due to holiday schedules) at the John D. Hendrick Office Building, 62 Plaza Drive. The public is encouraged to attend. Visit highlandsranch.org and click on the Local Government link for a meeting schedule.

Centennial Water and Sanitation District board meetings are held at 6:30 p.m. the last Monday of each month (with rare exceptions due to holiday schedules) at the John D. Hendrick Office Building, 62 Plaza Drive. Visit centennialwater.org to view a meeting schedule.

How to report a streetlight outage

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WE’RE MOVIN’ AND GROOVIN’

Trail walks, POP Tennis, NIA, social hours and lunches kept us active and making new friends this spring, as we celebrated Active Lifestyle Month. Still ahead are many opportunities to socialize, stay active with outdoor recreation and get empowered by lifelong learning. Check out all the great Active Adult Programs & Services offerings inside, including our **All New Morning Brew Crew** – a relaxing meet-up for coffee and visiting.
ACTIVE ADULT PROGRAMS & SERVICES

• For information, or to schedule a personal meeting, contact AAPS Coordinator Jodie McCann at jmccann@highlandsranch.org or 720-240-4922.
• The AAPS office is located in the Hendrick Office Building at 62 Plaza Drive, Highlands Ranch.
• Registration is required for all programs in an effort to better serve you. Space is limited for some activities, so be sure to register early at highlandsranch.org/signmeup and click on the Active Adults (Seniors) box.

MARK YOUR CALENDAR

SOCIAL OPPORTUNITIES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 17</td>
<td>After Hours Dinner</td>
<td>802100-F Little Holly’s Chinese</td>
<td>5:30 to 7:30 p.m.</td>
</tr>
<tr>
<td>July 31</td>
<td>Lunch Bunch</td>
<td>802200-D Rock Bottom Restaurant &amp; Brewery Central Park</td>
<td>11:30 a.m. to 1 p.m.</td>
</tr>
<tr>
<td>Sept. 18</td>
<td>After Hours Social Hour</td>
<td>802100-G Purgatory Cellars Winery</td>
<td>5:30 to 7:30 p.m.</td>
</tr>
<tr>
<td>Sept. 25</td>
<td>Lunch Bunch</td>
<td>802200-E Landsdowne Arms</td>
<td>11:30 a.m. to 1 p.m.</td>
</tr>
<tr>
<td>Oct. 16</td>
<td>After Hours Dinner</td>
<td>802100-H Farro Italian Restaurant - Centennial</td>
<td>5:30 to 7:30 p.m.</td>
</tr>
<tr>
<td>Oct. 29</td>
<td>Morning Brew Crew</td>
<td>802300-A Riize Coffee Company - Littleton</td>
<td>9 to 10:30 a.m.</td>
</tr>
<tr>
<td>Nov. 20</td>
<td>After Hours Social Hour</td>
<td>802100-I Hodson’s - Streets at Southglenn</td>
<td>5:30 to 7:30 p.m.</td>
</tr>
<tr>
<td>Dec. 10</td>
<td>Morning Brew Crew</td>
<td>802300-B Riize Coffee Company - Littleton</td>
<td>9 to 10:30 a.m.</td>
</tr>
<tr>
<td>Dec. 18</td>
<td>After Hours Holiday Dinner</td>
<td>802100-J Seasons 52 - Park Meadows</td>
<td>5:30 to 7:30 p.m.</td>
</tr>
</tbody>
</table>

Sign up for the Active Adult monthly e-newsletter at highlandsranch.org.
### Fitness, Wellness and Recreation

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 8</td>
<td>Trail Walk</td>
<td>803100-B Lair o’the Bear – Morrison</td>
<td>10 a.m. to 1 p.m.</td>
</tr>
<tr>
<td>Aug. 21</td>
<td>BYO Picnic Dinner &amp; Games in the Park</td>
<td>803100-C Northridge Park</td>
<td>5:30 to 8 p.m.</td>
</tr>
<tr>
<td>Aug. 29</td>
<td>Trail Walk, Fishing &amp; BBQ</td>
<td>803100-D Fly’n B Park</td>
<td>5:30 to 8 p.m.</td>
</tr>
<tr>
<td>Sept. 6</td>
<td>Trail Walk &amp; Lunch</td>
<td>803100-E Platte River Trail</td>
<td>9:30 a.m. to 1 p.m.</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>Trail Walk</td>
<td>803100-F Lair o’the Bear – Morrison</td>
<td>10 a.m. to 1 p.m.</td>
</tr>
</tbody>
</table>

### Lifelong Learning

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 11</td>
<td>What’s Next? Discover a Purposeful Retirement</td>
<td>801100-D Hendrick Office Building</td>
<td>6 to 8 p.m.</td>
</tr>
<tr>
<td>Sept. 17</td>
<td>Medicare 101</td>
<td>801100-E James H. LaRue Library</td>
<td>10 to 11:30 a.m.</td>
</tr>
<tr>
<td>Oct. 8</td>
<td>Legal Paperwork</td>
<td>801100-F James H. LaRue Library</td>
<td>10 to 11:30 a.m.</td>
</tr>
<tr>
<td>Oct. 10</td>
<td>What’s Next? Discover a Purposeful Retirement</td>
<td>801100-G Hendrick Office Building</td>
<td>6 to 8 p.m.</td>
</tr>
</tbody>
</table>

### Free Community Event

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov. 9</td>
<td>Adult Health &amp; Information Fair</td>
<td>No RSVP Recreation Center at Eastridge</td>
<td>9 a.m. to 1 p.m.</td>
</tr>
</tbody>
</table>

*AAPS, in partnership with the Highlands Ranch Community Association, will host this free, annual community event with 80+ service providers, including handyman services, pet care, social activities, fitness, recreation and lifelong learning for adults 50+, in-home care, legal, financial, transportation, medication review, identity theft, fraud prevention and more. Flu shots will also be available.*

For information and updates regarding development of the Highlands Ranch Senior Center please visit [highlandsranch.org/aaps](http://highlandsranch.org/aaps) or contact Carolyn Peters at 720-240-5931 or cpeters@highlandsranch.org.
HOW WE CAN HELP YOU

Q: I am trying to provide care and services for my parent who still lives in their home. Are services available that could step in when I cannot be there or to give me an occasional break?
A: Yes. A licensed non-medical in-home care agency can provide companionship, light housekeeping, meal prep, transportation and more. Agencies are bonded and insured. There are also Douglas County directed services and benefits that provide these services, giving you the support you need so you can continue to be a healthy and involved care provider.

Q: I recently moved to Highlands Ranch and want to remain active, make new friends and even take classes. What is available to me and where do I find the information?
A: The Metro District’s Active Adult Programs & Services (AAPS) provides a variety of outdoor activities, educational/lifelong learning and social opportunities to help meet new people and feel connected in the community. Visit highlandsranch.org/signmeup and click on the Active Adults (Seniors) box. AAPS coordinator Jodie McCann, can direct you to local classes. They can also be found on the AAPS Events page at highlandsranch.org/aaps.

Q: I need a ride to the doctor and grocery store. Is there transportation available to me?
A: Yes. There are several private and county-directed services that can help with transportation needs. Visit agingresourcesdougco.org to learn more.

Q: It is getting more difficult to stay in my home. Should I move? How do I know where to begin looking for other housing and/or care options?
A: There are many options available to you, including bringing services to you and into your home, making home modifications for safety and greater independence, or identifying a new type of home or senior living community. We can help you find contacts for these services and more.