



**Active Adult
Programs & Services**

Living Well and Aging Well in Highlands Ranch

Active Adult Programs & Services

July through December 2018

July 18	After-Hours Dinner	Activity #802000-L Space limited. Register early.	Perfect Landing Restaurant Centennial Airport	4:30 to 7:30 p.m.
July 25	Lunch Bunch	Activity #802001-D Space limited. Register early.	The Ranch Smokehouse & Grille Town Center North, HR	11:30 a.m. to 1 p.m.
Aug. 15	After-Hours Dinner	Activity #802000-M Space limited. Register early.	Clock Tower Grill, Lone Tree	5:30 to 7:30 p.m.
Sept. 19	After-Hours Picnic	Activity #802000-N BYO picnic dinner & we'll play games in the Park.	Northridge Park Shelter Dessert & beverages provided	5:30 to 7:30 p.m.
Sept. 20	Medicare 101	Activity #801000-A	James H. LaRue Library, HR	1:30 to 3 p.m.
Sept. 26	Lunch Bunch	Activity #802001-E Space limited. Register early.	Parry's Pizza, HR	11:30 a.m. to 1 p.m.
Oct. 5	Trail Walk/Hike (easy)	Activity #802000-O Carpools. BYO water and bag lunch	Lair o' the Bear, Idledale	9 a.m. to 1 p.m.
Oct. 9	Why Legal Paperwork? Getting All Your Ducks in a Row			
		Activity #801000-B	James H. LaRue Library, HR	10 to 11:30 a.m.
Oct. 17	Game Night	Activity #802000-P	James H. LaRue Library, HR	6:30 to 8:30 p.m.

Nov. 10	Adult Health & Information Fair No cost. No RSVP.		Recreation Center at Eastridge	9 a.m. to Noon
Nov. 14	After-Hours Dinner Space limited. Register early.	Activity #802000-Q	Sierra Restaurant, Lone Tree	5:30 to 7:30 p.m.
Nov. 28	Lunch Bunch Space limited. Register early.	Activity #802001-F	Las Delicias, Littleton	11:30 a.m. to 1 p.m.
Dec. 6	Maintaining Your Brain	Activity #801000-C	Location TBA	1:30 to 3 p.m.
Dec. 19	Holiday Dinner Space limited. Register early.	Activity #802000-R	Old Blinking Light	5:30 to 7:30 pm.

Registration required. Register at www.highlandsranch.org/signmeup

For more information contact Jodie McCann at 720-240-4922.

