



# HOW TO REGISTER

## Program Registrations

All program registrations are accepted on a first-come, first-served basis or until leagues are full in the following ways:

- 1. Online**  
highlandsranch.org/signmeup
- 2. Mail or in person**  
3280 Redstone Park Circle  
Highlands Ranch, CO 80129
- 3. Fax to 303-470-9516**

Waitlists will apply once leagues are full or after the registration deadline.

Late fees – A \$15 late fee will apply after the registration deadline. However if leagues are full, late registrations will be placed on a waitlist.

## Program Refunds

Refunds are granted in full for any program cancelled by the Metro District. Credits or refunds requested by the participant must be received at least three working days prior to the program start and are subject to a \$15 processing fee. Credits or refunds requested after a program has started will be considered on a case-by-case basis.

## Recreation Program Sponsorships

Great for your community  
Great for your business

Support a team, league, facility or event. For details, please contact Dave Parks at 720-240-5933 or dparks@highlandsranch.org.



## Batter Up! Batting Cages at Redstone Park 720-240-5940

Open seven days a week beginning  
March 3, weather permitting.

Punch cards, cage rentals and single rounds are available.

For rates and hours, please visit  
highlandsranch.org.

# RECREATION Youth Sports

## CARA Recreational 7 v 7 Lacrosse Leagues

Ages 6 – 14

Boys and girls teams play in the Colorado Association of Recreational Athletics (CARA). This league is designed for beginner lacrosse players or players looking for a more recreational league. Teams will travel for away games against other CARA teams. All teams are scheduled for seven games. Teams may be coed if combined.

**Required equipment:** Lacrosse helmet, shoulder pads, arm pads, gloves, stick, protective cup and a mouth guard. Rib pads and throat protectors are optional, but recommended.

**Fee:** Resident: \$135 Nonresident: \$155

**Registration deadline: Friday, Feb. 16**

Turf practices begin the week of Feb. 26.

Grass practices begin the week of March 12.

Games begin March 17 and end April 28, weather dependent.

Age Group	Activity #
Boys & Girls 6-8	401510-1
Boys & Girls 8-10	401511-1
Boys & Girls 10-12	401512-1
Boys & Girls 12-14	401513-1

Age as of March 1, 2018



## Spring Youth Flag Football League

Ages 4 – eighth grade

This is a recreational **Saturday** only league. There will be no practices allowed during the week for this program due to field availability. The purpose of the league is to give players and teams an early season to practice their flag football skills.

Three Saturday practices will be held March 10, 17, 24.

Games will be held March 31, April 7, 14, 21, 28 and May 5.

**Fee:** Resident: \$82 Nonresident: \$94

**Registration deadline: Friday, Feb. 16**

Current Grade	Activity #	Current Grade	Activity #
*4-5 years old	401400-1	Fourth	401405-1
Kindergarten	401401-1	Fifth	401406-1
First	401402-1	Sixth	401407-1
Second	401403-1	Seventh	401408-1
Third	401404-1	Eighth	401409-1

\*Must be 4 years old by program start date.

Age groups may be combined, if necessary.

## Preseason Spring Flag Football Camp

Ages 4 – 14

This camp is recommended for all participants of the Metro District youth flag football league, as well as individuals interested in learning more about flag football.

**Fee:** Resident: \$30 Nonresident: \$35

**Registration deadline: Friday, March 2**

<b>Activity #402400-A</b>	Saturday, March 3	9 a.m. – noon	Shea Stadium
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## Learn from the Pros Lacrosse Clinic

Ages 6 – 14

Colorado Mammoth players and coaches will be conducting a two-hour coaches and players clinic. Customized to each age level, this up-tempo, high-energy, skills-based session will make coaches and players better prepared for the season. Included in the fee is a ticket to a Colorado Mammoth home game and T-shirt.

Featuring:

- Position-specific training
- Dynamic team drill integration
- Coaches training and manual from a professional coach

**Required equipment:** Shoulder pads, helmet, gloves, arm pads and a stick.

**Fee:** \$50

**Registration deadline: Friday, Feb. 16**

<b>Activity #401509-A</b>	Wednesday, March 7	5:30 – 7:30 p.m.	Shea Stadium
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## Spring Introductory Lacrosse Program

Ages 6 – 14

There's no better way to learn the game and proper use of a lacrosse stick than an introductory lacrosse clinic for new players. This is a four-week introductory program. Lacrosse sticks are provided.

**Fee:** Resident: \$55 Nonresident: \$63

**Registration deadline: Monday, April 2**

<b>Activity #401508-A</b>	April 7, 14, 21, 28	10 – 11:30 a.m.	Marcy Park
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## COMING IN THE MARCH MESSENGER

### Youth sports and activities:

- Track & Field
- Rugby
- Baseball/Softball Clinics
- Volleyball
- Rockies Skills Challenge
- Skateboarding Lessons
- Summer Nature Camp
- Horseback Riding Lessons
- Skyhawks Sports Camps

### Adult sports and activities:

- Softball
- Golf Lessons
- Pickleball
- Bocce Ball



## Are you interested in a great job?

Working with Metro District recreation programs will take you outdoors in a sports environment. Each year the Metro District hires qualified individuals for these positions. If you are interested in any of these positions, please call the Metro District Recreation Services staff at 303-791-2710.

**Adult softball supervisors** (ages 18 & older)

**Batting cage attendants** (ages 16 & older)

**Lacrosse instructors and officials** (ages 16 & older)

**Track & field coaches** (ages 16 & older)

**Youth baseball/softball supervisor** (ages 18 & older)

**Youth baseball/softball umpires** (ages 14 & older)

**Youth flag football supervisor** (ages 18 & older)

**Youth flag football officials** (ages 14 & older)

**Youth rugby coaches** (volunteers)



For more program details, please visit [highlandsranch.org](http://highlandsranch.org).

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# Summer Youth T-ball, Baseball, & Girls Softball

Ages 4 – 14 Age as of July 31, 2018

Youth T-ball, baseball, and girls softball are sponsored by Dick's Sporting Goods.



## Save the Date

Highlands Ranch Metro District Shop Days at Dick's Sporting Goods

Look for special shopday information for Metro District participants in the March Messenger. Save on all your baseball or softball needs throughout the store.

## T-ball (For girls only T-ball, see girls softball below)

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
4	101100-1	T-ball	Introduce your child to the basics of baseball in a fun learning environment.	8	\$87	\$100
5	101101-1	T-ball	Emphasis on development of basic skills and having fun.	8	\$87	\$100
6	101102-1	Modified T-ball	Coaches begin to pitch to players and use the tee as necessary.	8	\$87	\$100
6	101103-1	Coach Pitch	<b>Experienced</b> players only. <b>Prerequisite:</b> 2 years of T-ball played.	8	\$87	\$100

## Baseball League standings will be kept in all of the baseball leagues

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
7	101104-1	Coach Pitch	Beginner to intermediate players and teams. Players have the chance to pitch on a limited basis.	9	\$99	\$113
7	101105-1	Coach Pitch -Advanced	<b>Advanced</b> players and teams. A higher level of league play.	9	\$99	\$113
8	101106-1	Coach Pitch	Beginner to intermediate players. New or inexperienced teams.	10	\$119	\$137
8	101107-1	Modified Kid Pitch	<b>Advanced</b> players and teams. Players have the chance to pitch on a limited basis.	10	\$119	\$137
9	101108-1	Modified Kid Pitch	Beginner to intermediate players and teams. Players have the chance to pitch on a limited basis.	11	\$125	\$144
9	101109-1	Kid Pitch	<b>Advanced</b> players and teams. Higher level of league play.	11	\$125	\$144
10	101110-1	Kid Pitch	Beginner to intermediate players. New or inexperienced teams.	11	\$125	\$144
10	101111-1	Kid Pitch	<b>Advanced</b> players and teams. A higher level of league play.	11	\$125	\$144
11*	101112-1	Kid Pitch	Beginner to intermediate players. New or inexperienced teams.	12	\$137	\$157
11*	101113-1	Kid Pitch	<b>Advanced</b> players and teams. A higher level of league play.	12	\$137	\$157
12	101114-1	Kid Pitch	Intermediate or advanced players or teams. Higher level of league play.	12	\$137	\$157
13/14	101115-1	Kid Pitch	Intermediate or advanced players or teams. Higher level of league play.	12	\$137	\$157

\*Divisions may be combined if necessary

## Girls Softball League standings will be kept in all softball leagues (except 5/6)

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
5/6	101200-1	T-ball	Introduce your child to the basics of softball in a fun learning environment.	8	\$87	\$100
7	101201-1	Coach Pitch	Emphasis placed on development of skills and understanding of rules.	9	\$95	\$109
8	101202-1	Coach Pitch	Emphasis placed on development of skills and understanding of rules.	10	\$110	\$126
9	101203-1	Modified Kid Pitch	Players will have an opportunity to pitch on a limited basis.	11	\$125	\$144
10	101204-1	Modified Kid Pitch	Players will have an opportunity to pitch on a limited basis.	11	\$125	\$144
11*	101205-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$137	\$157
12*	101206-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$137	\$157
13/14	101207-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$137	\$157

\*Divisions may be combined if necessary

The Metro District's T-ball, baseball and softball programs are for recreation level play with a focus on learning skills, game fundamentals, rules, making friends and having fun.

**Waitlists** will apply once leagues are full or after the registration deadline.

**Late fees:** A \$15 late fee will apply after the registration deadline. However, if leagues are full, late registrations will be placed on a waitlist.

**Team rosters and team player registrations** will be accepted from **Saturday, Feb. 3 through Monday, April 2.** Coaches must submit a team roster form to the Metro District office prior to players registering for their specific team.

**Individual registrations** will be accepted **Saturday, Feb. 3 through Monday, April 2.** Individual registration does not guarantee placement with friends. We encourage players to coordinate with neighbors or schoolmates and submit a team roster to ensure playing with friends.

**Note:** Teams conducting tryouts will be disqualified from playing in the Metro District's leagues. Teams playing in two or more tournaments during the summer season are not eligible to play in the summer Metro District leagues.

## SPECIAL REGISTRATION DAY

**Saturday, Feb. 3**  
**9 a.m. – noon**  
 Metro District Parks,  
 3280 Redstone Park Circle  
 Recreation & Open Space Service Center

- Players will hear from coaches after Tuesday, May 1.
- Practices will begin the week of May 14.
- Games will begin Saturday, June 2.
- Picture days are Saturdays, June 9 and 16 at Redstone Park. The league fee does not include pictures.
- Games and practices will not be scheduled on the following dates: May 28 and July 4.
- The regular season is scheduled to end no later than Saturday, Aug. 4, weather dependent.
- Baseball leagues ages 7 and older and softball leagues ages 8 and older play on dirt fields. All other leagues play on grass fields.

Please choose the appropriate division for your child. If you have any questions on which division your child should be in, please call the Metro District at 303-791-2710.

## Weekday T-ball League

**Ages 4 – 6** (Age as of July 31, 2018)

If your busy schedule means you would like to know your T-ball schedule in advance, we have a great option for you. This T-ball league has no Saturday games. Registration is limited, so sign up early. Volunteer coaches are needed. Parent involvement during games and practices is highly encouraged. No games will be played July 4.

**Fee:** Resident: \$78 Nonresident: \$90

**Registration deadline: Friday, May 11 or until leagues are full**

\*Leagues may be combined if necessary (you will be contacted to discuss options if this occurs)

### Monday/Wednesday League

Practices begin the week of June 4.

Games: 7-game season ends mid-July

**Ages 4/5 Activity #101120-A** 5:30 - 6:30 p.m. Redstone Park

**Ages 4/5 Activity #101120-B** 5:45 - 6:45 p.m. Cougar Run Park

### Tuesday/Thursday League

Practices begin the week of June 5.

Games: 7-game season ends mid-July

**Ages 4/5 Activity #101121-A** 5:30 - 6:30 p.m. Redstone Park

**Age 6 Activity #101121-B** 6:30 - 7:30 p.m. Redstone Park

## Baseball & Softball Clinics



The Metro District is proud to offer a skills and pitching clinic in association with Diamond Club Training. Diamond Club operates its own facility as a national affiliate of America's Baseball Camps and is the home of the Colorado Rockies fall scout team.

**Required equipment:** glove, bat, helmet, hat and water bottle. Players should wear shorts, sweats or baseball pants and cleats.

**Registration deadline: Monday, April 23**

### Skills Clinic

**Ages 6 – 14**

Clinic features: Defense—outfield and infield play, catching fundamentals, footwork, balance, throwing mechanics, preparation and glove work. Hitting—balance, rhythm, timing, bat speed, power, mental approach and more.

**Fee:** Resident: \$55 Nonresident: \$63

**Baseball Activity #401130-A**  
 Sunday, April 29 9 a.m. - noon Redstone Park

**Softball Activity #401131-A**  
 Sunday, April 29 9 a.m. - noon Redstone Park

### Pitching Clinic

**Ages 7 – 14**

Clinic features: developing a repeatable delivery, balance, grip, separation, direction, weight transfer, building arm strength and more.

**Fee:** Resident: \$40 Nonresident: \$46

**Baseball Activity #401130-B**  
 Sunday, April 29 1 - 3 p.m. Redstone Park

**Softball Activity #401131-B**  
 Sunday, April 29 1 - 3 p.m. Redstone Park



**Spirit Team**  
**Ages 4-14**



The Metro District has partnered with Peak Athletics - Highlands Ranch to provide a spirit team to complement our youth flag football league. Practice at the gym during the week and perform at games on Saturdays.

Practices will be held at Peak Athletics, 399 Dad Clark Drive, Highlands Ranch, 80129. Phone: 303-797-8082

The Highlands Ranch Spirit Team gives your child an opportunity to learn the fundamentals of cheerleading and dance to support fellow athletes by showing their spirit at flag football game halftimes. Spirit Team is for all skills levels. There will be practice once a week, with Saturday games and other performances.

**Fee:** Resident: \$130 Nonresident: \$150

**Registration deadline: Friday, March 9**

**Team Fee:** \$50 paid directly to Peak Athletics includes cheer bow, a T-shirt, game day goodies and other extras.

**Uniform Fee:** \$75 (\*new athletes only) includes cheer uniform and poms and is paid directly to Peak Athletics.

Dates	Time	Location
Wednesdays, March 14 - May 16	5:30 - 6:30 p.m.	Peak Athletics, 399 Dad Clark Drive

**Activity #402302-A**

\*Uniform sizing date is Wednesday, March 7 at 5:30 p.m. at Peak Athletics.

## Spring Skateboarding Lessons

**Ages 4 and older** (young beginners)

All camps will be held at Redstone Skate Park.

Learn the basics of skateboarding through this special program called SkateStart™ Level 1. This is geared toward beginner skateboarders or those who want to try it out. With the unique SkateStart skateboard, you will learn how to push and roll the skateboard through proper technique and foot placement. Watch your confidence soar as you learn how to skateboard with proper form and equipment. SkateStart boards will be available to use during camp.

### SkateStart Level 1

**Fee:** Resident: \$45 Nonresident: \$52

**Registration deadline: Monday, March 5**

**Activity #401804-B**  
 Saturday, March 10 noon - 1:30 p.m.

### SkateStart Spring Break Camp

**Fee:** Resident: \$60 Nonresident: \$69

**Registration deadline: Friday, March 16**

**Activity #401804-A**  
 Monday, March 19 9 a.m. - noon





# SuperTots Sports Academy

**SuperTots Sports Academy** is a child physical development program that uses a variety of fun games to delight and engage kids in physical and mental learning. The curriculum is professionally designed to develop motor skills, promote physical fitness, create self confidence and prepare young children for sports in a non-competitive environment. All programs include a T-shirt and a merit award.



**All SuperTot programs are held indoors at Plum Creek Academy, 9340 Commerce Center St.**

**Registration deadline: Monday before each class begins**

**SoccerTots** is our flagship program. Playable on almost any surface, these soccer-themed motor skills classes are easy for youngsters to enjoy. Younger age groups focus on developing motor skills and self confidence; older classes focus on developing core soccer skills and personal focus.

## Koalas Ages 2 ½ – 3

A variety of fun games are used to develop balance, movement, motor and soccer skills as well as listening to instructions. Active and fun for youngsters.

**Fee:** Resident: \$49 Nonresident: \$56  
Classes are 9 – 9:50 a.m.

Saturdays, Jan. 20, 27, Feb. 3 & 10 **Activity #102122-A**  
Saturdays, Feb. 17, 24, March 3 & 10 **Activity #102122-B**  
Saturdays, March 31, April 7, 14 & 21 **Activity #102122-C**  
Saturdays, April 28, May 5, 12 & 19 **Activity #102122-D**

## Cubs Ages 3 – 4

The goal of this class is to develop kicking, running control and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

**Fee:** Resident: \$49 Nonresident: \$56  
Classes are 10 – 10:50 a.m.

Saturdays, Jan. 20, 27, Feb. 3 & 10 **Activity #102124-A**  
Saturdays, Feb. 17, 24, March 3 & 10 **Activity #102124-B**  
Saturdays, March 31, April 7, 14 & 21 **Activity #102124-C**  
Saturdays, April 28, May 5, 12 & 19 **Activity #102124-D**



**HoopsterTots** makes learning basketball fun. These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to provide just the right amount of challenge.

## Froggies Ages 3 – 4

We use a variety of fun games to develop balance, movement and basketball skills as well as listening to instructions. Very active and fun.

**Fee:** Resident: \$49 Nonresident: \$56  
Classes are 11 – 11:50 a.m.

Saturdays, Jan. 20, 27, Feb. 3 & 10 **Activity #102123-A**  
Saturdays, Feb. 17, 24, March 3 & 10 **Activity #102123-B**  
Saturdays, March 31, April 7, 14 & 21 **Activity #102123-C**  
Saturdays, April 28, May 5, 12 & 19 **Activity #102123-D**

## Rabbits Ages 4 – 5

Fun, skill development games are played as well as some introduction to basketball and team concepts.

**Fee:** Resident: \$49 Nonresident: \$56  
Classes are noon – 12:50 p.m.

Saturdays, Jan. 20, 27, Feb. 3 & 10 **Activity #102125-A**  
Saturdays, Feb. 17, 24, March 3 & 10 **Activity #102125-B**  
Saturdays, March 31, April 7, 14 & 21 **Activity #102125-C**  
Saturdays, April 28, May 5, 12 & 19 **Activity #102125-D**

# Adult Sports

## Adult Softball – Spring Season

Please visit our league website at [quickscores.com/hrmd](http://quickscores.com/hrmd) for detailed information. To register please contact Luke Ruter at 720-240-5912 or [lruter@highlandsranch.org](mailto:lruter@highlandsranch.org). Leagues begin the week of March 11.

**Registration deadline: Thursday, March 1**

League	Day	Division
Adult Softball	Sunday	Men's D-Rec, Men's D-Open
	Monday	Men's D-Rec, Men's Upper D-Rec, Coed D-Rec
	Tuesday	Men's D-Rec, Men's 40+ D-Rec
	Wednesday	Coed D-Rec, Coed Upper D-Rec, Men's D-Rec
	Thursday	Coed D-Rec, Men's D-Rec, Men's Upper D-Rec
Friday	Coed D-Rec, Men's D-Rec, Men's D-Open	



## Pickleball

Programs will be held at Tanks Park, 10371 S. Broadway.

### Learn to Play

Have you ever wanted to learn to play pickleball? This introductory class will teach you game rules and technique.

**Fee:** Resident: \$15 Nonresident: \$17

**Registration deadline: Friday, April 13**

### Activity #403713-A

Thursday, April 19 9 - 10:30 a.m.

### Thursday Doubleheader League

Sign up for our doubles league as a team or as an individual. Single players will be matched with a partner. League games will start at 5 p.m. and doubleheaders will be played each week.

**Fee:** \$45 per person (Five weeks, 10 matches, plus a tournament)

**Registration deadline: Friday, April 27**

### Activity #403714-A

League begins Thursday, May 3.

## Bocce Ball

Programs will be held at Northridge Park, 8800 S. Broadway

### Learn to Play

Have you ever wanted to learn bocce ball? Classes will teach rules and how to play. This will be a great introduction before leagues begin.

**Fee:** Resident: \$15 Nonresident: \$17

**Registration deadline: Friday, March 9**

### Activity #404214-A

Wednesday, March 14 6 - 7 p.m.

### Wednesday Mixed Leagues

Bocce ball is a two-player sport. Sign up as a team or individual. Single players will be matched with partners. League start time is 6 p.m.

**Fee:** \$40 per person (Six weeks plus a tournament)

**Registration deadline: Friday, March 16**

### Activity #404216-A

League begins Wednesday, March 21.

## FREE AGENT SIGN-UP

What if I am an individual player without a team?



If you are interested in joining a team for a particular sport, please visit the Metro District's league website at [quickscores.com/hrmd](http://quickscores.com/hrmd), or contact Luke Ruter at 720-240-5912 or [lruter@highlandsranch.org](mailto:lruter@highlandsranch.org).

## WASA Coed Adult Kickball League

The Western Alternative Sports Association (WASA) brings the fun of kickball to Highlands Ranch. Join the thousands of adults around Denver reliving their playground days. WASA Kickball is fun, laid back, and social. Team fees include an eight-week outdoor season, customized team T-shirts, equipment, great specials/post game giveaways and a playoff tournament.



**Games will be played Thursday nights beginning April 19.**

**Registration begins in late February at wasasports.com.**

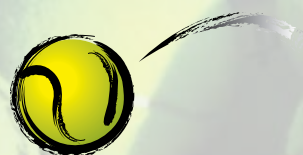




# Youth Tennis Programs

Register for all tennis programs at [redstone.mytennisclub.net](http://redstone.mytennisclub.net).

## Lebsack Tennis Center



**REDSTONE PARK**  
HIGHLANDS RANCH, CO

3280 Redstone Park Circle, Highlands Ranch, CO 80129  
303-791-2348

Lebsack Tennis Center is located on the west side of Redstone Park at Town Center Drive and Foothills Canyon Boulevard. It features eight lighted public tennis courts available for drop-in use when not scheduled, and is open daily from mid-March to late October.

All classes listed are subject to change and prices listed are for Highlands Ranch residents. Nonresident prices are slightly higher.

Look for more information and register for all classes and drills at [redstone.mytennisclub.net](http://redstone.mytennisclub.net).

## USTA JUNIOR TEAM TENNIS (JTT) AGES 8-18

*Tennis is More Fun on a Team!*

Plan to be part of the best youth tennis program. Find out about teams, practices, matches and costs at [redstone.mytennisclub.net](http://redstone.mytennisclub.net).

## USTA JTT

USTA JTT Registration Date has been pushed back to late April—all teams must be formed by April 2.

## JTT ELITE TEAMS

In addition to our regular programs we will be offering a new JTT program for teams where the players are focusing much or most of their athletic talents on tennis.

## PARENT MEETINGS Youth Tennis Leagues

Please plan to attend one of the following parent meetings at the Lebsack Tennis Center, if you would like for your child to participate in one of our junior tennis leagues this summer. These are the only two meetings before the new JTT deadline, so plan to attend rain, snow or shine.

Saturday, April 7 3:30 - 4:30 p.m.  
Tuesday, April 10 6:30 - 7:30 p.m.

### Red Ball Classes Ages 4 - 7

**Fee:** 4 week sessions: \$60

**ABC's** **Agility, Balance and Coordination**  
*Perfect for 4- to 5-year-old beginners*

Wednesday 4 - 4:30 p.m.  
Saturday 8 - 8:30 a.m.

**Red 1** **Learn to hit**  
*45-minute classes for beginners*

Wednesday 4:30 - 5:15 p.m.  
Saturday 8:30 - 9:15 a.m.

**Red 2** **Let's rally**  
*Learning to rally on "THEIR" court*

Monday 4:30 - 5:30 p.m.  
Saturday 9:30 - 10:30 a.m.

### Orange Ball Classes Ages 7 - 10

**Fee:** 4 week sessions: \$72

**Orange 1** **Learn to play**  
*Best for younger players and beginners*

Tuesday 4:30 - 5:30 p.m.  
Thursday 4:30 - 5:30 p.m.  
Saturday 10:30 - 11:30 a.m.

**Orange 2** **Learn to rally**  
*Intermediate players and those preparing for team tennis next year*

Tuesday 4:30 - 5:30 p.m.  
Thursday 4:30 - 5:30 p.m.  
Saturday 11:30 a.m. - 12:30 p.m.

### Green Ball Classes Ages 11- 15

**Fee:** 6 week sessions: \$72

**Green 1** **Learn to play**  
*Have fun*

Wednesday 4:30 - 5:30 p.m.  
Saturday 3 - 4 p.m.

**Green 2** **Train to play**  
Wednesday 4:30 - 5:30 p.m.

### Junior Development Ages 9 - 17

*Development is best for players starting team tennis this year or with one year of team experience.*

Ages 9 - 12 Monday/Wednesday 5:30 - 6:30 p.m.  
Ages 13-17 Tuesday/Thursday 5:30 - 6:30 p.m.  
Ages 9-12 Saturday 1 - 2 p.m.  
Ages 13-17 Saturday 2 - 3 p.m.

### Junior Elite Ages 9 - 17

*Elite is for players with two or more years of team tennis experience.*

Ages 9-12 Monday/Wednesday 5:30 - 6:30 p.m.  
Ages 13-17 Tuesday/Thursday 5:30 - 6:30 p.m.

### Spring Break Camps March 19-22

*Join us during spring break week for four days of tennis and fun.*

Ages 7-10 1 - 2:30 p.m.  
Ages 10-13 2:30 - 4 p.m.

# Adult Tennis Programs

Register for all tennis programs at [redstone.mytennisclub.net](http://redstone.mytennisclub.net).

## DRILL CLASSES

All of our drill classes allow you to choose the classes and times each week that fit your schedule, with no long commitment. Register online for the days and times that fit your schedule.

**Fee:** 90-minute class: \$28

Intermediate = 2.5 - 3.0 players  
Advanced = 3.5 players and higher

## TEAM PRACTICES

Top USPTA and USPTR pros are ready to help your teams to victory. Book your weekly reserved times now.

## ADULT SOCIALS

Friday night socials are back! Our adult socials are legendary—watch for them to start in early May. All details can be found at [redstone.mytennisclub.net](http://redstone.mytennisclub.net).

## COURT FEES

Reserved court fees \$7/hour  
Ball machine rental \$18/hour  
(Includes balls and a reserved court.)

## PRIVATE LESSONS

1 and a Pro \$65/hour  
2 and a Pro \$35/hour per player  
3 and a Pro \$25/hour per player  
4 and a Pro \$20/hour per player

The above rates are for Highlands Ranch residents. Nonresident fees are slightly higher.



## TNT (Tennis in No Time)

Our adult beginner and intermediate classes are a great way to learn a new sport, rekindle an old passion or simply have fun and meet new friends.

Wednesday (Beginner) 6:30 - 7:30 p.m.  
Wednesday (Beginner) 9:30 - 10:30 a.m.  
Saturday (Beginner) 10:30 - 11:30 a.m.  
Tuesday (Adv. Beg.) 9:30 - 10:30 a.m.  
Wednesday (Adv. Beg.) 7:30 - 8:30 p.m.  
Saturday (Adv. Beg.) 11:30 a.m. - 12:30 p.m.

## Drills and Skills

Drills and Skills combine cardio style drills with situational games and lots of fun.

Saturday (Intermediate) 9 - 10:30 a.m.  
Saturday (Advanced) 10:30 a.m. - noon

## Drill and Play

Instructional drill class designed to work on a new skill set each week followed by another 45 minutes of round robin match play with the pro on court to work on tactics and strategies.

Wednesday (Advanced) 11 a.m. - 12:30 p.m.  
Thursday (Intermediate) 6:30 - 8 p.m.  
Friday (Intermediate) 9:30 - 11 a.m.

## Live Ball

Drills with instruction and every point counts.

Tuesday (Intermediate) 6:30 - 8 p.m.  
Thursday (Intermediate) 9:30 - 11 a.m.  
Monday (Advanced) 6:30 - 8 p.m.  
Friday (Advanced) 11 a.m. - 12:30 p.m.

## Doubles Strategy

You know how to play—now let's get you in the right position with the right tools to make the best possible shot.

Wednesday (Intermediate) 10:30 a.m. - noon

## Futures Drills

Drills and games set up for players not yet ready for league play. Enjoy learning and making new friends.

Tuesday (Beginner) 10 - 11:30 a.m.  
Thursday (Beginner) 6:30 - 8 p.m.





# Nature EdVentures

The registration deadline is one week prior to the class start date.

Unless otherwise noted, all classes will have the following fee: Resident: \$10 Nonresident: \$12  
**Group Rate Programs (3 or more per registration):** Resident: \$6/person Nonresident: \$7/person  
 Children 5 and younger must be accompanied by an adult.



## Full Moon Hike

**All Ages/Families**  
 Hike by the light of the moon around Fly'n B Park to look and listen for sights and sounds from animals of the night. Bring your flashlight and dress appropriately for the weather. Class maximum: 20

**Activity #305314-A**  
 Jan. 31 6 – 7:30 p.m.  
 Fly'n B Park

If you are registering as a group, please use **Activity #305314-B**



## Snowshoe Hike

**All Ages/Families**  
 Let's take a trip up to Highlands Point to see the amazing views of the foothills and the Denver metro area under a blanket of snow. Bring your snowshoes and dress appropriately for the weather. If weather conditions do not cooperate (no snow) we will still take a hike up to Highlands Point. Class maximum: 20

**Activity #305108-A**  
 Feb. 16 8 – 9:30 a.m.  
 Red-tail Park

If you are registering as a group, please use **Activity #305108-B**



## Who's Been Here?

**All Ages/Families**  
 Take a walk around the Spring Gulch Equestrian Area to look for tracks and identify the animal they came from. Dress appropriately for the weather. Class maximum: 20

**Activity #305303-A**  
 Feb. 19 8 – 9:30 a.m.  
 Spring Gulch Equestrian Area

If you are registering as a group, please use **Activity #305303-B**

## Trash for Treasures

Trash for Treasures offers the opportunity for groups and organizations to help keep our public lands clean. During this one-hour event, a Metro District Park Ranger will present a brief talk about environmental stewardship, the reason trash is harmful to our natural areas, wildlife living in the area and participant safety. Trash bags and disposable gloves will be provided. Please be sure to bring water.



Scheduling for this program is Tuesday through Saturday. The group leader will choose the day and area to clean up. A minimum of two weeks is required to schedule your group. For more information or to schedule your group for a Trash for Treasures event, please contact Brenda Willcutt at 720-240-5911 or [bwillcutt@highlandsranch.org](mailto:bwillcutt@highlandsranch.org).

## Park Host Volunteer Opportunity

Get involved in your community and become a Metro District Park Host. The Park Host program offers the opportunity to volunteer as an ambassador in our community's parks and along our trails. During your walking or biking tours, you will have the opportunity to interact with park and trail users, and to serve as the eyes and ears for Metro District park rangers. For more information or for an application, please contact Scott Nelson at 720-240-5918 or [snelson@highlandsranch.org](mailto:snelson@highlandsranch.org).



## Boy/Girl Scout Badges

Programs for the following badges and more are available upon request:

- Map and Compass
- Geocaching
- Forestry
- Bird Study
- Insect Study
- Mammal Study
- Animal Habitats
- Gardening
- Nature
- Outdoor Art
- Fish and Wildlife Management

## Horseback Riding Lessons

### Ride at the Ranch

All lessons will be held at Stockton's Plum Creek Stables, 7479 W. Titan Road.

The registration deadline is one week prior to the class start date.

### Required Equipment and Clothing:

Helmets are mandatory. Stockton's provides ASTM/SEI approved riding helmets in all sizes. Wear jeans (pants), close-toed shoes or boots to protect feet from hooves. Bring a water bottle, weather-appropriate jacket, sunscreen and bug spray.

### Liability and Emergency Release Forms

Stockton's requires a parent/guardian to complete a liability release and emergency contact form. Please arrive 15 minutes early on the first day in order to complete these forms.

## Saturday Intro to Horses

### Ages 8 – Adult

This is a great introductory class for those new to the horse world. Each student will get a demonstration of grooming, saddling and bridling and will finish the day with a riding lesson.

**Fee:** Resident: \$130 Nonresident: \$140

Dates	Time	Activity #
Feb. 3, 10, 17	10 – 11 a.m.	407306-A
March 3, 10, 17	10 – 11 a.m.	407306-B

## Kiddie Corral I

### Ages 5 – 7

Learn about horse behavior, grooming, feeding and balanced-centered riding. The focus of this class is on safety while building confidence.

All classes meet daily Monday through Thursday.

**Fee:** Resident: \$99 Nonresident: \$109

Dates	Time	Activity #
March 5 – 8	5 – 6 p.m.	407301-A
March 12 – 15	5 – 6 p.m.	407301-B
March 19 – 22	12:30 - 1:30 p.m.	407301-C
March 26 – 29	12:30 - 1:30 p.m.	407301-D



## Beginning Horsemanship

### Ages 8 – 15

This hands-on class is an introduction to western horsemanship for beginners, emphasizing horse/rider communication, grooming and handling skills.

**Fee:** Resident: \$195 Nonresident: \$210

Dates	Time	Activity #
March 19 – 23	10 a.m. – noon	407303-A
March 26 – 30	10 a.m. – noon	407303-B

The Stockton's western experience doesn't stop with horseback riding lessons. Stockton's Plum Creek Stables also offers group hayrides, pony rides, birthday parties, western theme parties, picnics and private horseback riding lessons. Experience the ol' west. Contact Stockton's at 303-791-1966 or [stocktonsplumcreek.com](http://stocktonsplumcreek.com).



For more program details, please visit [highlandsranch.org](http://highlandsranch.org).

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