



FOR IMMEDIATE RELEASE

Aug 4, 2017

FOR MORE INFORMATION

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50 & Better Together has informational and fun events coming up

50 & Better Together is an after-hours social, lifelong learning and activity group for adults 50 and older. This activity group is a great way to get out there and meet new people. Some activities are free while others may have a small fee.

Aug. 10 – Uber, Lyft, Google Maps & more - Looking for alternative transportation options? Curious about transportation apps? Join us Thursday, Aug. 10 from 1 – 3 p.m. at James H. LaRue Library in Highlands Ranch for a smart phone transportation resources and app training. This is a free event.

Aug. 16 – Frauds, Scams and Identity Theft - Learn how to protect yourself from frauds, scams and identity theft. The 18th Judicial District Attorney's Office and Douglas County Sheriff's Office hosts this discussion. This event is Wednesday, Aug. 16 from 6 – 7:30 p.m. at the Hendrick Office Building, 62 Plaza Dr. Highlands Ranch. This is a free event.

Sept. 19 – Medicare 101 - Don't leave your healthcare questions unanswered. Join us Tuesday, Sept. 19 from 10 a.m. to noon at James H. LaRue Library in Highlands Ranch. A member of the Colorado SHIP (State Health Insurance Assistance Program) will lead the class to explain options and rights under Medicare. This is a free event.

Sept. 30 or Oct. 28 – Make Aging Work - Are you preparing for a landing or a take-off? Explore with us, the many opportunities for second growth after 50. This event is Saturday, Sept. 30 or Saturday, Oct. 28 from 10 a.m. to 2:30 p.m. at the Hendrick Office Building in Highlands Ranch. Cost is \$21.00 and includes a box lunch.

Oct. 11 – Why Legal Paperwork? - It is never too early or too late to begin organizing legal paperwork. Join us as Certified Elder Law Attorney, Beth Mitchell, speaks to important issues and answers your questions about legal paperwork. Adults of all ages are welcome. This event is Wednesday, Oct. 11 from 10 – 11:30 a.m. at the James H. LaRue Library. This is a free event.

Nov. 11 - Adult Health & Information Fair – The fair is Saturday, Nov. 11 from 9 a.m. to noon at the Recreation Center at Eastridge in Highlands Ranch. Get active adult programming, medication review, caregiving resources, wellness screenings and much more. This is a free event.

Registration is required 72 hours in advance for all upcoming events, except the Adult Health & Information Fair. Register at www.highlandsranch.org/signmeup.

For more information on how to get involved and for more upcoming events, call 720-240-4922 or visit <https://highlandsranch.org/services/highlands-ranch-senior-outreach-services/senior-events/>.

Founded in 1981 as the local government in Highlands Ranch, Colorado, the Metro District provides a variety of municipal services to this planned community of 96,000 people. Learn more about the Metro District at highlandsranch.org.

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