



FOR IMMEDIATE RELEASE
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Aging in Community: A Panel Discussion

Upcoming talk addresses the question, “How and where do I want to live after I retire or after my kids are grown and out of the house?” Highlands Ranch Senior Outreach is hosting Aging in Community: A Panel Discussion on Thursday, March 31 at the Recreation Center at Eastridge in Highlands Ranch.

Sometimes referred to as aging in place, housing for older adults is a trending topic as baby boomers question how and where they want to live as they experience an empty nest, retire, are interested in simply downsizing or perhaps address income or investment changes requiring a new living situation.

Statistics tell us the majority of older adults wish to remain in their homes. To do so may require advanced planning for possible home modifications that provide a safe environment and comfortable lifestyle. In addition, identifying needed services to meet one’s needs and support your chosen lifestyle may be necessary.

Other individuals might choose to share housing with one or more adults or live in a village community, try a co-housing neighborhood or organize themselves and their neighbors as a naturally occurring retirement community.

If you’re not sure what all these terms mean, or if you’re asking yourself the same questions, attend Aging in Community: A Panel Discussion. A panel of aging services professionals will present an informal but lively presentation, discussion, and question and answer session.

The event takes place Thursday, March 31 from 6 until 7:30 p.m. at the Recreation Center at Eastridge, 9568 S. University Blvd., Highlands Ranch. The cost is \$10. Registration is required at www.highlandsranch.org/signmeup.

For more information about Aging in Community: A Panel Discussion or Highlands Ranch Senior Outreach, visit www.highlandsranch.org/seniors or contact Jodie McCann at jmccann@highlandsranch.org or 720-240-4922.

Founded in 1981 as the local government in Highlands Ranch, Colorado, the Metro District provides a variety of municipal services to this planned community of 96,000 people. Learn more about the Metro District at www.highlandsranch.org.

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