

HOW TO REGISTER

Program Registrations

All program registrations are accepted on a first-come, first-served basis or until leagues are full in the following ways:

- 1. Online**
highlandsranch.org/signmeup
- 2. Mail or in person**
3280 Redstone Park Circle
Highlands Ranch, CO 80129
- 3. Fax to 303-470-9516**

Waitlists will apply once leagues are full or after the registration deadline.

Late fees – A \$15 late fee will apply after the registration deadline. However if leagues are full, late registrations will be placed on a waitlist.

Program Refunds

Refunds are granted in full for any program cancelled by the Metro District. Credits or refunds requested by the participant must be received at least three working days prior to the program start and are subject to a \$15 processing fee. Credits or refunds requested after a program has started will be considered on a case-by-case basis.

Recreation Program Sponsorships

Great for your community
Great for your business

Support a team, league, facility or event. For details, please contact Dave Parks at 720-240-5933 or dparks@highlandsranch.org.



Batter Up!

Batting Cages at Redstone Park
720-240-5940

Open seven days a week beginning March 4, weather permitting.

Punch cards, cage rentals and single rounds are available.

For rates and hours, please visit highlandsranch.org.

RECREATION

Youth Sports

CARA Recreational 7 v 7 Lacrosse Leagues

Ages 6 – 14

Boys and girls coed teams play in the Colorado Association of Recreational Athletics (CARA). This league is designed for beginner lacrosse players or players looking for a more recreational league. Teams will travel for away games against other CARA teams. All teams are scheduled for seven games.

Required equipment: Lacrosse helmet, shoulder pads, arm pads, gloves, stick, protective cup and a mouth guard. Rib pads and throat protectors are optional, but recommended.

Fee: Resident: \$135 Nonresident: \$155

Registration deadline: Tuesday, Feb. 21

Turf practices begin the week of Feb. 27.

Grass practices begin the week of March 13.

Games begin March 18 and end April 29, weather dependent.

Age	League Format	Activity #
Boys & Girls 6-8	No body checking	401510-1
Boys & Girls 8-10	No body checking	401511-1
Boys & Girls 10-12	One-step checking	401512-1
Boys & Girls 13-14	One-step checking	401513-1

Age as of March 1, 2017

Spring Youth Flag Football League

Ages 4 – eighth grade

This is a recreational **Saturday** only league. There will be no practices allowed during the week for this program due to field availability. The purpose of the league is to give players and teams an early season to practice their flag football skills.

Three Saturday practices will be held March 11, 18 and 25.

Games will be held April 1, 8, 15, 22, 29 and May 6.

Fee: Resident: \$79 Nonresident: \$91

Registration deadline: Tuesday, Feb. 21

Current Grade	Activity #	Current Grade	Activity #
*4-5 years old	401400-1	Fourth	401405-1
Kindergarten	401401-1	Fifth	401406-1
First	401402-1	Sixth	401407-1
Second	401403-1	Seventh	401408-1
Third	401404-1	Eighth	401409-1

*Must be 4 years old by program start date

Preseason Spring Flag Football Camp

Ages 4 – 14

This camp is recommended for all participants of the Metro District Youth Flag Football league, as well as individuals interested in learning more about flag football.

Fee: Resident: \$25 Nonresident: \$29

Registration deadline: Friday, March 3

Activity #402400-A

Saturday, March 4

9 a.m. - noon

Shea Stadium



Learn from the Pros Lacrosse Clinic

Ages 6 – 14

Colorado Mammoth players and coaches will be conducting a two-hour coaches and players clinic. Customized to your age level, this up-tempo, high-energy, skills-based session will make coaches and players better. Included in the fee is a ticket to a Colorado Mammoth home game and t-shirt.

Featuring:

- Position-specific training
- Dynamic team drill integration
- Coaches training and manual from a professional coach

Required equipment: Shoulder pads, helmet, gloves, arm pads and a stick

Fee: \$50

Registration deadline: Tuesday, Feb. 21

Activity #401509-A

Wednesday, March 8

5:30 – 7:30 p.m.

Shea Stadium

Spring Introductory Lacrosse Program

Ages 6 – 14

There's no better way to learn the game and proper use of a lacrosse stick than an introductory lacrosse clinic for new players. This is a four-week introductory program. Lacrosse sticks are provided.

Fee: Resident: \$50 Nonresident: \$58

Registration deadline: Monday, April 3

Activity #401508-A

April 8, 15, 22, 29

10 - 11:30 a.m.

Marcy Park

COMING IN THE MARCH MESSENGER

Youth Sports Programs:

- Track & Field
- Rugby
- Baseball/Softball Clinics
- Volleyball
- Rockies Skills Challenge

Skateboarding Lessons

Summer Nature Camp

Skyhawks Sports Camps

Adult Sports Programs

- Softball
- Golf Lessons
- Pickleball
- Bocce Ball
- Kickball



INTERESTED IN A GREAT JOB?

Working with Metro District recreation programs will take you outdoors in a sports environment. Each year the Metro District hires qualified individuals for these positions. If you are interested in any of these positions, please call the Metro District Recreation Services staff at 303-791-2710.

Adult Softball Supervisors (ages 18 & older)

Batting Cage Attendants (ages 16 & older)

Lacrosse Instructors and Officials (ages 16 & older)

Track & Field Coaches (ages 16 & older)

Youth Baseball/Softball Supervisor (ages 18 & older)

Youth Baseball/Softball Umpires (ages 14 & older)

Youth Flag Football Supervisor (ages 18 & older)

Summer Youth T-ball, Baseball, & Girls Softball

Ages 4 – 14 Age as of July 31, 2017

Youth T-ball, baseball, and girls softball are sponsored by Dick's Sporting Goods.



Save the Date

Highlands Ranch Metro District Shop Days at Dick's Sporting Goods

Look for special shopday information for Metro District Participants in the March Messenger. Save on all your baseball or softball needs throughout the store.

T-ball (For girls only T-ball, see girls softball below)

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
4	101100-1	T-ball	Introduce your child to the basic fundamentals of baseball in a fun learning environment.	8	\$78	\$90
5	101101-1	T-ball	Emphasis placed on development of basic skills and having fun.	8	\$78	\$90
6	101102-1	Modified T-ball	Coaches will begin to pitch to players and use the tee as necessary. Emphasis placed on development of skills and rules.	8	\$78	\$90
6	101103-1	Coach Pitch	This league is for experienced players only. Prerequisite: Players must have two years of T-ball experience to play in this league.	8	\$78	\$90

Baseball League standings will be kept in all of the baseball leagues

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
7	101104-1	Coach Pitch	Beginner to intermediate players and teams. Emphasis placed on development of skills and rules.	9	\$86	\$99
7	101105-1	Coach Pitch -Advanced	Advanced players and teams. Higher level of league play.	9	\$86	\$99
8	101106-1	Coach Pitch <i>*Will play on dirt fields.</i>	Beginner to intermediate players. New or inexperienced teams. Emphasis placed on development of skills and rules.	10	\$110	\$126
8	101107-1	Modified Kid Pitch <i>*Will play on dirt fields.</i>	Advanced players and teams. Players will have the opportunity to pitch on a limited basis. Higher level of league play.	10	\$110	\$126
9	101108-1	Modified Kid Pitch	Beginner to intermediate players and teams. Players will have the opportunity to pitch on a limited basis.	11	\$116	\$133
9	101109-1	Kid Pitch	Experienced to advanced players and teams. Higher level of league play.	11	\$116	\$133
10	101110-1	Kid Pitch	Beginner to intermediate players. New or inexperienced teams.	11	\$120	\$138
10	101111-1	Kid Pitch	Advanced players or teams. Higher level of league play.	11	\$120	\$138
11*	101112-1	Kid Pitch	Beginner to intermediate players. New or inexperienced teams.	12	\$128	\$147
11*	101113-1	Kid Pitch	Advanced players or teams. Higher level of league play.	12	\$128	\$147
12	101114-1	Kid Pitch	Intermediate or advanced players or teams. Higher level of league play.	12	\$128	\$147
13/14	101115-1	Kid Pitch	Intermediate or advanced players or teams. Higher level of league play.	12	\$128	\$147

*Divisions may be combined if necessary

Girls Softball League standings will be kept in all softball leagues (except 5/6)

Age	Activity #	Type of Play	Description	Games	Resident	Nonresident
5/6	101200-1	Girls T-ball	Introduce your child to the basic fundamentals in a fun learning environment. This league is for girls only.	8	\$78	\$90
7	101201-1	Coach Pitch	Emphasis placed on development of skills and rules.	9	\$86	\$99
8	101202-1	Coach Pitch	Emphasis placed on development of skills and rules.	10	\$97	\$112
9	101203-1	Modified Kid Pitch	Players will have the opportunity to pitch on a limited basis.	11	\$116	\$133
10	101204-1	Modified Kid Pitch	Players will have the opportunity to pitch on a limited basis.	11	\$116	\$133
11*	101205-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$128	\$147
12*	101206-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$128	\$147
13/14	101207-1	Kid Pitch	Intermediate or advanced players or teams.	12	\$128	\$147

*Divisions may be combined if necessary

For more program details, please visit highlandsranch.org.

The Metro District's T-ball, baseball and softball programs are for recreation level play with a focus on learning skills, game fundamentals, rules, making friends and having fun.

Waitlists will apply once leagues are full or after the registration deadline.

Late fees: A \$15 late fee will apply after the registration deadline. However, if leagues are full, late registrations will be placed on a waitlist.

Team rosters and team player registrations will be accepted from **Saturday, Feb. 4 through Monday, April 3.** Coaches must submit a team roster form to the Metro District office prior to players registering for their specific team.

Individual registrations will be accepted **Saturday, Feb. 4 through Monday, April 3.** Individual registration does not guarantee placement with friends. We encourage players to coordinate with neighbors or schoolmates and submit a team roster to ensure playing with friends.

Note: Teams conducting tryouts will be disqualified from playing in the Metro District's leagues. Teams playing in two or more tournaments during the summer season are not eligible to play in the summer Metro District leagues.

SPECIAL REGISTRATION DAY

Saturday, Feb. 4
9 a.m. - Noon
Metro District Parks,
Recreation & Open Space Service Center,
3280 Redstone Park Circle

- Players will hear from coaches after Tuesday, May 2.
- Practices will begin the week of May 15.
- Games will begin Saturday, June 3.
- Picture days are Saturdays, June 10 and 17 at Redstone Park. The league fee does not include pictures.
- Games and practices will not be scheduled on the following dates: May 29 and July 1-4.
- The regular season is scheduled to end no later than Saturday, Aug. 5, weather dependent.
- Baseball leagues ages 8 and older and softball leagues ages 9 and older play on dirt fields. All other leagues play on grass fields.

Please choose the appropriate division for your child. If you have any questions on which division your child should be in, please call the Metro District at 303-791-2710.

Weekday T-ball League

Ages 4 – 6 (Age as of July 31, 2017)

If your busy schedule means you would like to know your T-ball schedule in advance, we have a great option for you. This T-ball league has no Saturday games. Registration is limited, so sign up early. Volunteer coaches are needed. Parent involvement during games and practices is highly encouraged. No games will be played July 3-4.

Fee: Resident: \$68 Nonresident: \$77

Registration deadline: Friday, May 12 or until leagues are full

**Leagues may be combined if necessary (you will be contacted to discuss options if this occurs)*

Monday/Wednesday League

Practices begin the week of June 5.
Games: 7-game season ends mid-July

Ages 4/5 Activity #101120-A 5:30 - 6:30 p.m. Redstone Park

Ages 4/5 Activity #101120-B 5:45 - 6:45 p.m. Cougar Run Park

Tuesday/Thursday League

Practices begin the week of June 5.
Games: 7-game season ends mid-July

Ages 4/5 Activity #101121-A 5:30 - 6:30 p.m. Redstone Park

Age 6 Activity #101121-B 6:30 - 7:30 p.m. Redstone Park



New Cheerleading and Tumbling

Classes are held at **Cheer Central Suns Gym, 8585 Concord Center Dr., Englewood, CO 80112.**

The registration deadline is one week prior to the class start date.

Cheerleading

Ages 5 – 14

Your cheerleader will love this high energy, six-week program taught by the best cheerleading gym in Colorado. Cheer Central Sun's gym is full of trampolines and a variety of mats. This class includes dance, arm motions, jumps, cheer chants, tumbling and stunts. Highlands Ranch cheer team will perform in house or at a community event each session. For details, contact vel@cheercentralsuns.com.

Fee: Resident: \$80 Nonresident: \$90

**Fee does not include \$15 Cheer Central Sun t-shirt*

Classes are Saturdays 10 – 11 a.m.

Activity #302000-A Jan. 14 -- Feb. 18

Activity #302000-B Feb. 25 – April 8 (no class March 18)

Activity #302000-C April 15 – May 20

Baseball & Softball Clinics



The Metro District is proud to offer a skills and pitching clinic in association with Diamond Club Training. Diamond Club operates its own facility as a national affiliate of America's Baseball Camps and is the home of the Colorado Rockies fall scout team.

Required equipment: glove, bat, helmet, hat and water bottle. Players should wear shorts, sweats or baseball pants and cleats.

Registration deadline: Monday, April 24

Skills Clinic

Ages 6 – 14

Clinic features: Defense — outfield and infield play, catching fundamentals, footwork, balance, throwing mechanics, preparation and glove work. Hitting — balance, rhythm, timing, bat speed, power, mental approach and more.

Fee: Resident: \$55 Nonresident: \$63

Baseball Activity #401130-A
Sunday, April 30 9 a.m. - noon Redstone Park

Softball Activity #401131-A
Sunday, April 30 9 a.m. - noon Redstone Park

Pitching Clinic

Ages 7 – 14

Clinic features: Developing a repeatable delivery, balance, grip, separation, direction, weight transfer, building arm strength and more.

Fee: Resident: \$40 Nonresident: \$46

Baseball Activity #401130-B
Sunday, April 30 1 - 3 p.m. Redstone Park

Softball Activity #401131-B
Sunday, April 30 1 - 3 p.m. Redstone Park



Tumbling for Cheer

Ages 5 – 14

This class will polish your tumbling skills – from cartwheels and bridges to running passes and back handsprings. Set in a high-energy atmosphere with all the equipment you need to get the skills to move on to the next level.

Fee: Resident: \$70 Nonresident: \$80

Classes are Saturdays 11 a.m. - noon

Activity #302001-A Jan. 14 – Feb. 18

Activity #302001-B Feb. 25 – April 8 (no class March 18)

Activity #302001-C April 15 – May 20

For more program details, please visit highlandsranch.org.

Spring Skateboarding Lessons

Ages 4 and older (*young beginners*)

All camps will be held at Redstone Skate Park.

Learn the basics of skateboarding through this special program called SkateStart™ Level 1. This is geared toward beginner skateboarders or those who have never tried the sport and want to try it. With the unique SkateStart skateboard provided with the camp, you will learn how to push and roll the skateboard through proper technique and foot placement. Watch your confidence soar as you learn how to skateboard with proper form and equipment. SkateStart boards will be available to use during camp.

SkateStart Spring Break Camp

Fee: Resident: \$60 Nonresident: \$69

Registration deadline: Friday, March 17

Activity #401804-A

Monday, March 20 9 a.m. - noon

SkateStart Level 1

Fee: Resident: \$45 Nonresident: \$52

Registration deadline: Monday, April 17

Activity #401804-B

Friday, April 21 9 – 10:30 a.m.



SuperTots Sports Academy

SuperTots Sports Academy is a child physical development program that uses a variety of fun games to delight and engage kids in physical and mental learning. The curriculum is professionally designed to develop motor skills, promote physical fitness, create self-confidence and prepare young children for sports in a non-competitive environment. All programs include a shirt and a merit award.

All SuperTot programs are held indoors at Plum Creek Academy, 9340 Commerce Center St.

Registration deadline: Monday before each class begins



SoccerTots is our flagship program. Playable on almost any surface, these soccer-themed motor skills classes are easy for youngsters to enjoy. Younger age groups focus on developing motor skills and self-confidence; older classes focus on developing core soccer skills and personal focus.

Koalas

Ages 2 ½ – 3

A variety of fun games are used to develop balance, movement, motor and soccer skills as well as listening to instructions. Active and fun for youngsters.

Fee: Resident: \$49 Nonresident: \$56

Classes are 9 – 9:50 a.m.

Activity #102122-A Saturdays, Jan. 14, 21, 28, Feb. 4

Activity #102122-B Saturdays, Feb. 18, 25, March 4, 11

Activity #102122-C Saturdays, Apr. 8, 15, 22, 29

Cubs

Ages 3 – 4

The goal of this class is to develop kicking, running control and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

Fee: Resident: \$49 Nonresident: \$56

Classes are 10 – 10:50 a.m.

Activity #102124-A Saturdays, Jan. 14, 21, 28, Feb. 4

Activity #102124-B Saturdays, Feb. 18, 25, March 4, 11

Activity #102124-C Saturdays, Apr. 8, 15, 22, 29

HoopsterTots makes learning basketball fun. These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to provide just the right amount of challenge.

Froggies

Ages 3 – 4

We use a variety of fun games to develop balance, movement and basketball skills as well as listening to instructions. Very active and fun.

Fee: Resident: \$49 Nonresident: \$56

Classes are 11 – 11:50 a.m.

Activity #102123-A Saturdays, Jan. 14, 21, 28, Feb. 4

Activity #102123-B Saturdays, Feb. 18, 25, March 4, 11

Activity #102123-C Saturdays, Apr. 8, 15, 22, 29

Rabbits

Ages 4 – 5

Fun, skill development games are played as well as some introduction to basketball and team concepts.

Fee: Resident: \$49 Nonresident: \$56

Classes are noon – 12:50 p.m.

Activity #102125-A Saturdays, Jan. 14, 21, 28, Feb. 4

Activity #102125-B Saturdays, Feb. 18, 25, March 4, 11

Activity #102125-C Saturdays, Apr. 8, 15, 22, 29

Adult Sports

Adult Softball

Please visit our league website at quickscores.com/hrmd for detailed information. To register contact Luke Ruter at 720-240-5912 or lruter@highlandsranch.org. Leagues begin week of March 12.

League	Day	Division
Adult Softball	Sunday	Men's D-Rec, Men's D-Open
	Monday	Men's D-Rec, Men's Upper D-Rec
	Tuesday	Men's D-Rec, Men's D-Open
	Wednesday	Coed D-Rec, Coed Upper D-Rec
	Thursday	Coed D-Rec, Men's D-Rec, Men's Upper D-Rec
	Friday	Coed D-Rec, Men's D-Rec, Men's D-Open



Pickleball

Programs will be held at Tanks Park, 10371 S. Broadway.

Learn to Play

Have you ever wanted to learn to play pickleball? This introductory class will teach you game rules and technique.

Fee: Resident: \$15 Nonresident: \$17

Registration deadline: Friday, April 14

Activity #403713-A

Thursday, April 20 9 - 10:30 a.m.

Thursday Doubleheader League

Sign up for our doubles league as a team or as an individual. Single players will be matched with a partner. League games will start at 5 p.m. and doubleheaders will be played each week.

Fee: \$45 per person (*Five weeks, 10 games, plus a tournament*)

Registration deadline: Friday, April 28

Activity #403714-A

League begins Thursday, May 4.

Bocce Ball

Programs will be held at Paintbrush Park, 4901 Valleybrook Drive

Learn to Play

Ever wanted to learn bocce ball? Classes will teach rules and how to play. This will be a great introduction before leagues begin.

Fee: Resident: \$15 Nonresident: \$17

Registration deadline: Friday, March 10

Activity #404214-A

Wednesday, March 15 6 - 7 p.m.

Wednesday Mixed Leagues

Bocce ball is a two-player league. Sign up as a team or individual. Single players will be matched with partners. League start time is 6 p.m.

Fee: \$40 per person (*Six weeks plus a tournament*)

Registration deadline: Friday, March 17

Activity #404216-A

League begins Wednesday, March 22

FREE AGENT SIGN-UP

What if I am an individual player without a team?



If you are interested in joining a team for a particular sport, please visit the Metro District's league website at quickscores.com/hrmd, or contact Luke Ruter at 720-240-5912 or lruter@highlandsranch.org.

WASA Co-Ed Adult Kickball League

The Western Alternative Sports Association (WASA) brings the fun of kickball to Highlands Ranch. Join the thousands of adults around Denver reliving their playground days. WASA Kickball is fun, laid back, and social. Team fees include an eight-week outdoor season, customized team t-shirts, equipment, great specials/post game giveaways and a playoff tournament.



Games will be played Thursday nights beginning April 20.

Registration begins in late February at wasasports.com.



Youth Tennis Programs

Register for all tennis programs at redstone.mytennisclub.net.

Lebsack Tennis Center



REDSTONE PARK
HIGHLANDS RANCH, CO

3280 Redstone Park Circle, Highlands Ranch, CO 80129
303-791-2348

Lebsack Tennis Center at Redstone Park features eight lighted public tennis courts available for drop-in use when not scheduled, and is open daily from mid-March to late October.

All classes listed are subject to change and prices listed are for Highlands Ranch residents – nonresident prices are slightly higher.

Look for more information and register for all classes and drills at redstone.mytennisclub.net.

SPRING AND SUMMER SESSIONS

Spring 1 April 3-April 28 Summer 1 June 5-July 1
Spring 2 May 1-May 27 Summer 2 July 10-Aug. 4

Late summer and fall classes will be posted in early June. Visit redstone.mytennisclub.net for all classes.

SPRING INTO TENNIS A free event

Join us to celebrate the new tennis season at Lebsack Tennis Center with games, drills and prizes for kids and adults.
Saturday, April 8 1 - 3 p.m.

PARENT MEETINGS Youth Tennis Leagues

Please plan to attend one of the following parent meetings at Lebsack Tennis Center if you would like for your child to participate in one of our junior tennis leagues this summer.

Saturday, April 8 3:30 - 4:30 p.m.
Monday, April 10 6:30 - 7:30 p.m.

JTT ELITE TEAMS New this year

Tennis is more fun on a team! Plan to be part of the best youth tennis program. Find out about teams, practices, matches and costs at redstone.mytennisclub.net.

Red Ball Classes Ages 4 - 8

Fee: 4 class sessions: \$70 8 class sessions: \$140

ABC's	Agility Balance and Coordination
Spring Monday 4 - 4:30 p.m.	
Summer Tuesday/Thursday 5 - 5:30 p.m.	
Summer Saturday 8 - 8:30 a.m.	

Red 1	Learn to hit
Spring Monday 4:30 - 5:15 p.m.	
Spring Saturday 8 - 8:45 a.m.	
Summer Monday/Wednesday 9 - 9:45 a.m.	
Summer Tuesday/Thursday 5:30 - 6:15 p.m.	
Summer Saturday 8:30 - 9:15 a.m.	

Red 2	Let's rally
Spring Monday 6:30 - 7:30 p.m.	
Spring Saturday 9 - 10 a.m.	
Summer Monday/Wednesday 10 - 11 a.m.	
Summer Tuesday/Thursday 6:30 - 7:30 p.m.	
Summer Saturday 9:30 - 10:30 a.m.	

Orange Ball Classes Ages 7 - 10

Fee: 4 class sessions: \$70 8 class sessions: \$140

Orange 1	Learn to play – Have fun
Spring Wednesday 4:30 - 5:30 p.m.	
Spring Saturday 10 - 11 a.m.	
Summer Monday/Wednesday 10 - 11 a.m.	
Summer Monday/Wednesday 6 - 7 p.m.	
Summer Saturday 10:30 - 11:30 a.m.	

Orange 2	Learn to rally – Prepare to play
Spring Wednesday 6:30 - 7:30 p.m.	
Spring Saturday 11 a.m. - noon	
Summer Monday/Wednesday 11 a.m. - noon	
Summer Monday/Wednesday 5 - 6 p.m.	
Summer Saturday 11:30 a.m. - 12:30 p.m.	

Junior Development Ages 9 - 16

Fee: 4 class sessions: \$70 8 class sessions: \$140

Development	Green ball (Ages 9-12)
Spring Monday/Wednesday 5:30 - 6:30 p.m.	
Spring Saturday 1 - 2 p.m.	
Summer Friday 1 - 2 p.m.	
Summer Saturday 2 - 3 p.m.	

Elite	Yellow ball (Ages 12-16)
Spring Tuesday/Thursday 5:30 - 6:30 p.m.	
Spring Saturday 2 - 3 p.m.	
Summer Friday 2 - 3 p.m.	
Summer Saturday 3 - 4 p.m.	

Spring Break Camps

Join us during spring break week for four days of tennis and fun.
March 20-23

Orange Camp (Ages 7-10)	1 - 2:30 p.m.
Development Camp (Ages 9-12)	2:30 - 4 p.m.
Elite Camp (Ages 12-16)	4 - 5:30 p.m.

Adult Tennis Programs

Register for all tennis programs at redstone.mytennisclub.net.

ATTENTION USTA/CTA/ITA CAPTAINS

League kickoff meeting and court lottery

Saturday, Jan. 28 11 a.m. – noon

All captains who wish to host their teams at Lebsack Tennis Center need to attend the kickoff meeting and court lottery.

The full description of team costs, and lottery rules will be posted on the website Jan. 5 along with our pre-lottery guarantee.

redstone.mytennisclub.net

DRILL CLASSES

We fit your schedule

All of our drill classes allow you to choose the classes and times each week that fit your schedule, with no long commitment. Register online for the days and times that fit your life.

Intermediate = 2.5 - 3.0 players
Advanced = 3.5 players and higher

Fee: \$25

TEAM PRACTICES

Top USPTA and USPTR pros are ready to help your teams to victory. Book your weekly reserved times now.

ADULT SOCIALS

Friday night socials are back

Our adult socials are legendary—watch for them to start in early May. All details can be found at redstone.mytennisclub.net.

COURT FEES

Reserved court fees	\$6/hour
Ball machine rental (Includes balls and a reserved court.)	\$15/hour

PRIVATE LESSONS

1 and a Pro	\$65/hour
2 and a Pro	\$35/hour per player
3 and a Pro	\$25/hour per player
4 and a Pro	\$20/hour per player

The above rates are for Highlands Ranch residents. Nonresident fees are slightly higher.

TNT (Tennis in No Time)

Adult beginner and intermediate classes are a great way to learn a new sport, rekindle an old passion or simply have fun and meet new friends.

Spring Tuesday (Beginner)	6:30 - 7:30 p.m.
Spring Thursday (Beginner)	9:30 - 10:30 a.m.
Spring Tuesday (Adv. Beg.)	7:30 - 8:30 p.m.
Spring Wednesday (Adv. Beg.)	9:30 - 10:30 a.m.
Summer Monday (Beginner)	5:30 - 6:30 p.m.
Summer Monday (Adv. Beg.)	6:30 - 7:30 p.m.
Summer Wednesday (Beginner)	8:30 - 9:30 a.m.
Summer Wednesday (Adv. Beg.)	9:30 - 10:30 a.m.

Drills and Skills

Drills and Skills are fun developmental classes that include stroke development and situational tennis for each specific level of play.

Spring Monday (Intermediate)	7:30 - 9 p.m.
Spring Tuesday (Intermediate)	9:30 - 11 a.m.
Spring Tuesday (Advanced)	11 a.m. - 12:30 p.m.
Spring Wednesday (Advanced)	7:30 - 9 p.m.
Spring/Summer Friday (Advanced)	9 - 10:30 a.m.
Spring/Summer Saturday (Intermediate)	10:30 - noon
Summer Monday (Intermediate)	5:30 - 7 p.m.
Summer Monday (Advanced)	7 - 8:30 p.m.

Drill and Play

A 45-minute, fast-paced drill class designed to work on a new skill set each week, followed by another 45 minutes of round robin match play with the pro on court to work on tactics and strategies.

Spring Friday (Intermediate)	10 - 11:30 a.m.
Spring Thursday (Intermediate)	6:30 - 8 p.m.
Spring Wednesday (Advanced)	10 - 11:30 a.m.
Summer Friday (Intermediate)	9 - 10:30 a.m.
Summer Wednesday (Advanced)	9:30 - 11 a.m.

Doubles Strategy

You know how to play—now let's get you in the right position with the right tools to make the best possible shot.

Spring Wednesday (Intermediate)	10:30 a.m. - noon
Spring Thursday (Advanced)	10:30 a.m. - noon
Summer TBA	

Futures Drills

Drills and games set up for players not yet ready for league play. Enjoy learning and making new friends.

Spring Wednesday	10:30 a.m. - noon
Spring Thursday	7:30 - 9 p.m.
Summer Monday	7:30 - 9 p.m.
Summer Wednesday	10:30 a.m. - noon



Nature EdVentures

The registration deadline is one week prior to the class start date.

Unless otherwise noted, all classes will have the following fee: Resident: \$10 Nonresident: \$12
Group Rate Programs (3 or more per registration): Resident: \$6/person Nonresident: \$7/person
 Children 5 and younger must be accompanied by an adult.

All Ages/ Families

Full Moon Hike

Hike by the light of the moon around Northridge open space to look and listen for animal sights and sounds. Bring your flashlight and dress appropriately for weather conditions. Class maximum: 25

Activity #305314-A

Friday, Feb. 10 6 – 7:30 p.m.
 Northridge Park Shelter #1

If you are registering as a group, please use

Activity #305314-B

Campfire Fun

Join a park ranger for campfire games, songs, stories and fun. Dress appropriately for outdoor weather. Hot cocoa and s'mores will be served. Class maximum: 30

Activity #305206-A

Friday, March 3 6:30 - 8 p.m.
 Fly'n B Park

If you are registering as a group, please use

Activity #305206-B

Nesting Owls

Whoo's nesting in the trees? Great horned owls! Learn about our local owls and watch a nest up close using a spotting scope. Binoculars are provided or bring your own.

Activity #305104 -A

Saturday, March 25 10:30 a.m. - noon
 Location TBD

If you are registering as a group, please use

Activity #305104-B

Ages 3 - 6

Nature Play – Free Program

Join a park ranger for outdoor adventures at various open spaces and parks. Your child will be encouraged to play, explore and learn in natural environments. Natural play encourages teamwork, coordination and creativity. Please wear shoes and clothes that might get wet or dirty. Parents are required to stay during this program.

Activity #305105-A

Tuesday, Feb. 14 9:30 a.m. - 10:30 a.m.
 Fly'n B Park

Activity #305105-B

Tuesday, March 14 9:30 a.m. - 10:30 a.m.
 Dad Clark Open Space



Trash for Treasures

Trash for Treasures offers the opportunity for groups and organizations to help keep our public lands clean. During this one-hour event, a Metro District park ranger will present a brief talk about environmental stewardship, the reason trash is harmful to our natural areas, wildlife living in the area and participant safety. Trash bags and disposable gloves will be provided. Please bring water.

Scheduling for this program is Tuesday through Saturday. The group leader will choose the day and area to clean up. A minimum of two weeks is required to schedule your group. For more information or to schedule your group event, please contact Brenda Willcutt at 720-240-5911 or bwillcutt@highlandsranch.org.

Park Host Volunteer Opportunity

Get involved in your community and become a Metro District Park Host. The Park Host program offers the opportunity to volunteer as an ambassador in our community's parks and along our trails. During your walking or biking tours, you will have the opportunity to interact with park and trail users, and to serve as the eyes and ears for Metro District park rangers. For more information or an application, please contact Scott Nelson at 720-240-5924 or snelson@highlandsranch.org.



Horseback Riding Lessons

Ride at the Ranch

All lessons will be held at Stockton's Plum Creek Stables, 7479 W. Titan Road.

The registration deadline is one week prior to the class start date.

Required Equipment and Clothing:

Helmets are mandatory. Stockton's provides ASTM/SEI approved riding helmets in all sizes. Wear jeans (pants), close-toed shoes or boots to protect feet from hooves. Bring a water bottle, weather-appropriate jacket, sunscreen and bug spray.

Liability and Emergency Release Forms

Stockton's requires a parent/guardian to complete a liability release and emergency contact form. Please arrive 15 minutes early on the first day in order to complete these forms.

Saturday Intro to Horses

Ages 10 – Adult

This is a great introductory class for those new to the horse world. Each day students will get a demonstration of grooming, saddling and bridling and will finish the day with a riding lesson.

Fee: Resident: \$130 Nonresident: \$140

Dates	Time	Activity #
March 4, 11, 18	10 – 11 a.m.	407306-A
April 1, 8, 15	10 – 11 a.m.	407306-B



Kiddie Corral I

Ages 5 – 7

Learn about horse behavior, grooming, feeding and balanced-centered riding. The focus of this class is on safety while building confidence.

All classes meet daily Monday through Thursday.

Fee: Resident: \$99 Nonresident: \$109

Dates	Time	Activity #
March 20 - 23	4:30 - 5:30 p.m.	407301-A
March 27 - 30	11:30 a.m. - 12:30 p.m.	407301-B
April 17 - 20	4:30 - 5:30 p.m.	407301-C

Beginning Horsemanship

Ages 8 – 15

This hands-on class is an introduction to western horsemanship for beginners, emphasizing horse/rider communication, grooming and handling skills.

Fee: Resident: \$195 Nonresident: \$210

Dates	Time	Activity #
March 27 - 31	1 - 3 p.m.	407303-A

Metro District Park Rangers provide outdoor education

Loving their role as nature educators, the Metro District's park rangers share their appreciation for the outdoors with students of all ages. Through the Nature EdVentures programs and summer nature camps, these park rangers share their knowledge of all things outdoors, including fishing, insects, outdoor habitats, beekeeping, fire safety and much more. These park rangers serve the community in many roles – educating on nature-related topics and enforcing rules in the parks and open space areas.



Highlands Ranch Senior Outreach

Highlands Ranch Metro District's Senior Outreach serves as a clearinghouse for information and referrals to services for senior adults and families in Highlands Ranch. Contact Senior Outreach Coordinator Jodie McCann at 720-240-4922 or jmccann@highlandsranch.org for resource information, referrals to services or to schedule a meeting.



Review scheduled events, resources, articles of interest and 50 & Better Together program information at highlandsranch.org/seniors.

Are You Ready? Essential Documents for Emergencies and End of Life Planning

Financial professional Jervis DiCicco will share why formal paperwork and planning is essential when faced with end of life decisions and/or unplanned emergencies. Come to learn and have your questions answered.

Fee: \$7 **Activity #801001-A**
Thursday, Feb. 9 10 - 11 a.m.
Highlands Ranch Mansion, 9950 E. Gateway Dr.

Building Retirement Income: How to Put Your Money to Work So You Don't Have To

Financial professional Jervis DiCicco shares how to design your retirement income plan through a step-by-step process. Don't miss this important talk where you can have your questions answered.

Fee: \$7 **Activity #801001-B**
Thursday, March 9 10 - 11:30 a.m.
Highlands Ranch Mansion, 9950 E. Gateway Dr.

SENIOR OUTREACH EDUCATION Registration information

Registrations are required for education sessions. Education programs have a small fee. Registrations and payments can be made at highlandsranch.org/signmeup. Unless otherwise noted, programs are for adults 50 and older.



Living Well and Aging Well in Highlands Ranch

50 & Better Together is a social group for adults 50 and older that includes activities, speakers and social outings. Join us to enjoy activities, learn and make new friends. Visit highlandsranch.org/seniors for more information about many of the activities listed below.

SPEAKER SERIES

Registration is required 72 hours in advance for lecture series events. Registration and payment can be made at highlandsranch.org/signmeup

Roadmap to Positive & Purposeful Aging

A special three-class series not to be missed, will be presented by Gary Foster, executive healthcare recruiter, career coach and passionate student of aging. Gary will share his vast knowledge about how to steer your aging experience toward health and vitality. *"It's up to each of us to examine our attitudes, beliefs and lifestyle choices in order to live a whole life."* ~ Gary Foster

Fee: \$47 (3 classes) **Activity #802000-A**
Class dates: Saturdays Jan. 14, Feb. 11, March 11
10 a.m. - noon
Hendrick Office Building, Highlands Ranch

Fundamentals of Estate Planning: What It Means For You

Attorney Brandon Campbell will review the basics related to estate planning, including paperwork needed to carry out your wishes – wills and trusts, powers of attorney, probate proceedings, advanced directives and more.

Fee: \$7 **Activity #802000-B**
Wednesday, Jan. 18 6 - 7:30 p.m.
Hendrick Office Building, Highlands Ranch

SOCIAL & ACTIVITY PROGRAMS

Lunches and social hours: There is no fee for these activities, but you must pay for your own meals and beverages. An RSVP is required at highlandsranch.org/signmeup.

New for 2017 – Lunch Bunch

An opportunity to meet during the lunch hour, Wednesdays from 11:30 a.m. to 1 p.m.

Activity #802001-A Jan. 25
Los Dos Potrillos, Broadway in Highlands Ranch

Activity #802001-B March 29
Kneaders Bakery & Café, Town Center North

Activity #802001-C May 31
Mici Italian Restaurant, Safeway Shopping Center

Wed. Evening Social Hours & Lectures

Activity #802000-C Feb. 15, 5:30 – 7:30 p.m.
Blue Spruce Brewery, County Line Road & Colorado Boulevard

Activity #802000-D March 15, 5:30 – 7:30 p.m.
Landsdowne Arms, Town Center South

Activity #802000-E April 19, 5 – 7 p.m.
Perfect Landing, Centennial Airport

Activity #802000-F May 17, 5:30 – 8 p.m.
Bocce Ball at Brother's Bar & Grill, Quebec & C-470

Valentine's at the Mansion

This popular, annual event is held at the historic Highlands Ranch Mansion and includes complimentary sweet treats, coffee, tea and music and dancing in the beautiful Great Hall. Guests are also welcome to tour the Mansion on your own, or with a knowledgeable docent.

Fee: None **No RSVP required** Tuesday, Feb. 14 11 a.m. - 2 p.m.
Highlands Ranch Mansion, 9950 E. Gateway Drive

For more program details, please visit highlandsranch.org.

Work continues on Southeast Rail Extension in Lone Tree

Transportation improvements are coming to Douglas County. RTD's Southeast Rail Extension extends the existing Southeast Line 2.3 miles from Lincoln Station to RidgeGate Parkway in Lone Tree. The addition of three new stations will serve not only Lone Tree residents, but those living in surrounding communities such as Highlands Ranch. The result will connect those in the rapidly growing southern part of metro Denver with the rest of the region, including Denver International Airport.

The three new stations include:

- Sky Ridge Avenue
- The future Lone Tree City Center
- RidgeGate Parkway

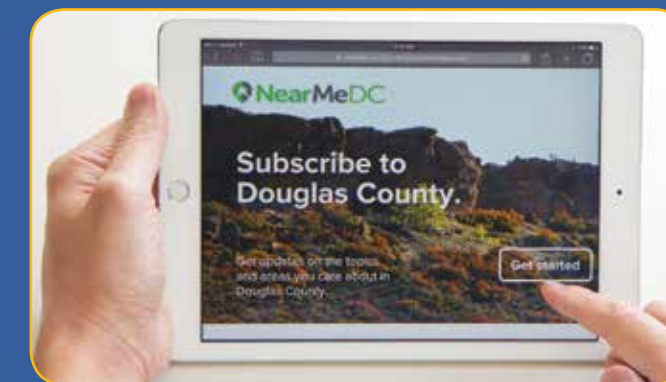
Construction on the rail extension began in May 2016. Visible signs of the project can be seen when visiting Sky Ridge Hospital, or driving the I-25 corridor through Lone Tree. Construction of the parking garage at the RidgeGate Parkway stop began in mid-September, and construction on two of the three bridges is underway.

Progress will continue through the winter months with periodic overnight closure on RidgeGate Parkway during bridge girder installation. Median work will continue and the Lincoln light rail bridge construction will begin in March.

The Southeast Rail Extension is scheduled to open in 2019. To stay informed about the latest progress and upcoming traffic detours visit the project's website at rtd-fastracks.com/se_1 or call the project hotline at 720-643-2300.



New online tool offers traffic resources



Would you find it helpful to have a free, online tool to help you navigate cone zone traffic congestion throughout Douglas County? Would it be an even better resource if you could access it from your smartphone or desktop computer?

Such a tool is now available. Douglas County created the NearMeDC cone zone notification tool to serve as a travel-planning solution.

NearMeDC's cone zone tool allows users to identify one or more areas within Douglas County, subscribe to it, and then receive a cone zone notification specific to the areas chosen. When a cone zone occurs in your area of interest, a notification – via email or text – is delivered.

"Along the journey to improved road surfaces and creating more capacity on the road, construction is unavoidable," said Douglas County

Commissioner and board chair Dave Weaver. "It is our hope that NearMeDC will become a popular travel-planning tool and make life easier during the road construction season and all year long," he said.

"We are grateful for this and the many other ways we partner with local governments to improve road surfaces and increase road capacity throughout the county," Weaver said.

In addition to road construction information, users may also search for or subscribe to receive notifications of building permits and senior services or other community services in their area of choice in Douglas County using NearMeDC.

Douglas County will continue to work with its government colleagues, as well as the private sector, to update NearMeDC, as well as other datasets within its Open Data Portal.

Public input from the residential and business community regarding recommendations for additional data sets is welcome. To make a data set suggestion, please contact Douglas County at opendata@douglas.co.us.

NearMeDC is the second of two initiatives to assist travelers in Douglas County. The County recently announced its two-way data-sharing partnership with Waze, the free, real-time navigation app.

Sign up at nearmedc.org and select specific news focus and delivery preferences.

