



FOR IMMEDIATE RELEASE

May 23, 2014

FOR MORE INFORMATION:

Kari Larese

klarese@highlandsranch.org

720-240-4909

Seniors are invited to Redstone Park June 10

Zumba, cornhole, and live entertainment are just a few of the things adults will find when they visit the second annual Senior Adult Fun at the Park event on Tuesday, June 10 from 9 a.m. until noon at Redstone Park. The event is hosted by the Highlands Ranch Metro District, Highlands Ranch Community Association and 50 & Better Together.

Adults of all ages are invited to Redstone Park for a fun-filled morning outdoors. Guests can participate in fitness demonstrations that include Zumba Gold, Gentle Yoga, Senior Fitness and Tai Chi. Vendors will be on hand to share information about adult activities and programs in Highlands Ranch, and guests can challenge each other to a fun game of Bocce ball, lawn tennis or cornhole.

Senior Adult Fun at the Park is a free event open to the public. Coffee, breakfast and lunch will be available for purchase. Door prizes and 10 free lunches will be given away.

Wind Crest Retirement Community is a Gold Community Business Partner Sponsor. Other event sponsors include the American Cancer Society, Heflebower Funeral Services, Highlands Ranch Park & Recreation Foundation, Littleton Adventist Hospital and Mass Mutual Financial Group.

For more information about Senior Adult Fun at the Park, visit www.highlandsranch.org/seniorservices or contact Jodie McCann at jmccann@highlandsranch.org or 720-240-4922.

Founded in 1981 as the local government in Highlands Ranch, Colorado, the Metro District provides a variety of municipal services to this planned community of 93,000 people. Learn more about the Metro District at www.highlandsranch.org.

###