

# Adult Health & Information Fair

Saturday, Nov. 11  
9 a.m. - noon

Recreation Center at Eastridge  
9568 S. University Blvd.  
Highlands Ranch, CO

*Please enter event at the rear of the building.*

- Active adult programming
- Nutrition and fitness information
- Pet care
- Medication review
- Handyman services
- Caregiving resources
- Medicare information
- Wellness screenings
- And much more!

**Free  
Event**

Flu shots will be available.



For more information call 720-240-4922 or email [jmccann@highlandsranch.org](mailto:jmccann@highlandsranch.org).