



Living Well and Aging Well in Highlands Ranch

Scheduled Activities
June through December 2017

50 & Better Together is an after-hours social, lifelong learning and activity group for adults 50+. Join us the third Wednesday evening of each month to enjoy activities, learn and make new friends!

- Times and fees may vary with activity.
- Registration is required for all programs. Sign up at www.highlandsranch.org/signmeup
- Some of the activities listed below are provided for your information and may not be a designated 50 & Better Together event. All are welcome.
- 72 hours advance registration required. Some events may require a minimum number of registrations.

June	21	Social Hour (50 & Better Together) You pay for your food and beverage. Angelo's Taverna 6885 S. Santa Fe Drive, Littleton, CO 80120 5:30 to 7:30 p.m.
July	18	Annual Ice Cream Social \$2 all you can eat ice cream and snow cones. Live music, booths, Littleton Fire Rescue demonstrations. Civic Green Park 6:00 to 9:00 p.m.
	19	Bocce Ball/Social Hour (50 & Better Together) Brother's Bar & Grill Quebec & C-470 5:30 to 7:30

- 26 **Lunch Bunch**
 You pay for your food and beverage.
C. B. & Potts
 Broadway & Centennial Blvd., HR
 11:30 a.m. to 1 p.m.
- August 10 **Getting Around Town:**
 How to use Uber, Lyft, Google Maps & more
 Looking for alternative transportation options?
 Curious about smartphone transportation apps?
 This class will be led by the City of Centennial's
 Senior Commission ***Mobility Ambassador Program (MAP)***.
 Thursday, August 10
 James H. LaRue Library, Highlands Ranch
 1 to 3 p.m. No cost. Light refreshments.
- 16 **Frauds, Scams and Identity Theft(50 & Better Together)**
 Presented by the 18th Judicial District Attorney's Office and
 Douglas County Sheriff's Office.
Hendrick Office Building
 62 Plaza Drive, Highlands Ranch
 6 to 7:30 p.m. No cost.
- September 19 **Medicare 101**
James H. LaRue Library
 9292 S. Ridgeline Blvd., Highlands Ranch
 10 a.m. to Noon No cost.
- 20 **Bocce Ball/Social Hour (50 & Better Together)**
Brother's Bar & Grill
 Quebec & C-470
 5:30 to 7:30
- 27 **Lunch Bunch**
 You pay for your food and beverage.
Panera Bread
 University Blvd. (near Aaron Bros.), Highlands Ranch
 11:30 a.m. to 1:00 p.m.

September 30

Make Aging Work: Think Big, Age Little

In the “third age” of your life, are you preparing for a landing or for a take-off? Explore with us, the many opportunities for second growth after 50!

- Discover how lifestyle is the new medicine.
- Kick frailty and boredom to the curb.
- Rediscover your passions and interests
- Choose health and vitality
- “Rewire” rather than retire

Hendrick Office Building

62 Plaza Drive, Highlands Ranch

10:00 a.m. to 2:30 p.m.

Cost: \$21.00 includes box lunch from Corner Bakery Cafe

October 11

Why Legal Paperwork? Getting All Your Ducks in a Row

Certified Elder Law Attorney, Beth Mitchel will present.

Beth is a favored speaker on estate planning and elder law.

James H. LaRue Library

9292 S. Ridgeline Blvd., Highlands Ranch

10 to 11:30 a.m. No cost.

October 18

Bocce Ball/Social Hour (50 & Better Together)

Brother’s Bar & Grill

Quebec & C-470

5:30 to 7:30

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November 15

Bowling (50 & Better Together)

Bowlero Lone Tree (formerly Brunswick)

9255 Kimmer Drive, Lone Tree

November 29

Lunch Bunch

You pay for your food and beverage.

Los Dos Potrillos

35 Springer Drive, Highlands Ranch

11:30 a.m. to 1:00 p.m.

December 20

Social Hour/Dinner (50 & Better Together)

Angelo's Taverna

6885 S. Santa Fe Drive, Littleton

5:30 to 7:30 p.m.