

Make Aging Work: Think Big, Age Little

Explore with us, the many
opportunities for second
growth after 50



Saturday, Sept. 30 or Saturday, Oct. 28
10 a.m. to 2:30 p.m.

Hendrick Office Building: 62 Plaza Drive, Highlands Ranch

Are you preparing for a landing or a take-off?

- Discover how lifestyle is the new medicine
- Kick frailty and boredom to the curb
- Rediscover your passions and interests
- Choose health and vitality
- "Rewire" rather than retire

Cost: \$21

**Includes box lunch from
Corner Bakery Cafe**

**Registration required
72 hours in advance**

www.highlandsranch.org/signmeup

For more information contact Jodie McCann at
jmccann@highlandsranch.org or 720-240-4922

